248 Ken Circle, Campbell, CA 95008 O: (650) 493-5000 X22977 Cell: (408) 803-3867 joeruzek@gmail.com

## AREAS OF SPECIALIZATION

- 1. Web and Phone Technology in Trauma Care:
  - Harnessing technologies to improve reach and effectiveness of post-trauma assistance and intervention
- 2. Disaster Mental Health/Early Intervention to Prevent PTSD and Other Trauma-Related Problems: Developing, testing, and spreading early preventive interventions
- 3. Dissemination/Implementation of Best Practices:
  - Using implementation science to accomplish spread of best practices in PTSD assessment and treatment
- **4.** Innovation/Design Thinking in Mental Health and Wellbeing: Increasing innovation in design and development of mental health services

## **EXPERIENCE**

Director/Chief, Dissemination and Training Division, National Center for PTSD, VA Palo Alto Health Care System, 2008-April 27, 2018

- Acting Director, May 2007-August 2008
- Associate Director for Education, Jan 1994-May 2007
- Clinical Education Specialist/Psychologist, 1992-Jan 1994

Selected Activities/Accomplishments

- Leading a research / education / policy Center of Excellence focusing on implementation of best practices, evidence-based treatments, and roles of technology in post-trauma/PTSD care throughout the national Veterans Affairs Health Care System
- Developed and evaluated 28-site PTSD Practice-Based Implementation Network designed to provide VA and Department of Defense with key element of a dissemination infrastructure for moving best PTSD treatment practices into routine care; this PBI Network mechanism has been adopted and institutionalized for continued national use within DoD
- Led national dissemination of evidence-based Prolonged Exposure PTSD treatment in VA, reaching more than 2500 clinicians with an intensive, state-of-the-art training methodology
- Implemented outcomes monitoring/measurement-based care in 18 VA PTSD treatment settings
- · Led the clinician training component of the national implementation of Measurement-Based Care in VA
- Oversaw team that developed PTSD Coach smartphone app, that won 2012 American Telemedicine Association President's Innovation Award and 2012 Federal Communication Commission Chairman's Award; and 20+ additional apps
- As content team leader, developed *afterdeployment.org* Congressionally-mandated Department of Defense self-management for post-deployment stress website, serving all Iraq and Afghanistan active duty returnees and families
- Designed and managed on-site 30-hr NCPTSD Clinical Training Program, serving 2500+ trainees
- Developing and evaluating PTSD Practitioner Registry, designed to measure and increase use of VA/DoD Clinical Practice Guidelines for PTSD
- Completing second grant-funded research initiative to develop and conduct RCT evaluation of online self-administered training in evidence-based CBT intervention components for 420 providers treating military deployment-related PTSD
- Developed SAMHSA Skills for Psychological Recovery crisis counseling manual for U.S. Crisis Counseling Programs
- Developed Psychological First Aid field guide for SAMHSA
- · Co-chaired VA-DoD Clinical Practice Guideline (Management of Traumatic Stress) development working group

Co-Director, Center for m<sup>2</sup> Health, Palo Alto University, 2016-Present

Program Director, Adult Chemical Dependency Services, 1989-1991, Charter Hospital of Thousand Oaks

• Started up alcohol and drug services in a new commercial hospital

- Designed and implemented integrated cognitive-behavioral/12-Step treatment program with inpatient partial hospitalization, intensive outpatient, and alumni components
- Hired all staff; wrote program policies, brochures, and patient materials

National Training Officer, ACCEPT: Addictions Community Centres for Education, Prevention, Treatment, 1981-1987, London, England

- · Originated and developed all aspects of DrinkWatchers secondary prevention alcohol service
- Created a National DrinkWatchers Network with 15 participant cities
- Developed ACCEPT Studies Centre, offering training/presentations for community helping professionals
- Conducted training for British PostGraduate Medical Federation, Royal College of Nursing, Alcohol Concern (the national alcohol agency), Alcohol Education Centre (the national training organization), Industrial Society
- 40+ radio broadcasts, 100+ journalist interviews
- Developed ACCEPT Workplace Services, with client organizations including:

IBM	British Airways	Honeywell	London Police
Marks and Spencer	Watney, Combe, and Reid	Unilever	Ministry of Defense
The Post Office	P & O Cruises	North Thames Gas	Borough of Camden
British Safety Council	Council of British Shipping	British Telecom	Dept of Employment

Coordinator, Environmental Design Program, 1979-1980

State University of New York at Stony Brook/NorthEast London Polytechnic

• Designed, implemented, and administered a full-time London-based undergraduate training program in behavioral psychology and environmental design

#### **EDUCATION**

Ph.D. (Clinical Psychology), State University of New York at Stony Brook B.A. (Psychology), University of California, Los Angeles

#### ACADEMIC AFFILIATIONS

Adjunct Professor, Department of Psychiatry and Behavioral Sciences, Stanford University (4/28/18 - Present)

Professor of Psychiatry and Behavioral Sciences, Stanford University (7/1/16 - Present)

Clinical Professor (Affiliated) of Psychiatry and Behavioral Sciences, Stanford University (12/1/09 - 7/1/16)

Palo Alto University / Pacific Graduate School of Psychology

## GRANTS, CONTRACTS, GRANT CONSULTANT ROLES

- Ruzek, J.I. & Rosen, R.C. (2014-2017). Congressionally Directed Medical Research Programs Psychological Health/Traumatic Brain Injury (PH/TBI) Research Program Basic/Applied Psychological Health Award, \$3,875,000. The PTSD Practitioner Registry (Role: PI)
- Schnurr, P. P., Chard, K., & Ruzek, J. I. (2013-2017). Cooperative Studies Program #591, \$9,048,760. CERV-PTSD: Comparative Effectiveness Research in Veterans with PTSD. (Role: Co-Proponent)
- Ruzek, J. I., Kirchner, J., Calhoun, P., et al. (2014-2015). VA-DoD Joint Incentive Fund, \$2,500,000. Practice Based Implementation Network. (Role: PI)
- Ruzek, J. I. & Rosen, R. Congressionally Directed Medical Research Programs (2012 2016), \$2,464,704. Randomized, Controlled Trial of CBT Training for PTSD Providers (Role: PI)
- Ruzek, J. I. (2011-2012). NATO Science for Peace and Security Programme Advanced Research Workshop, \$60,000. Reaching vulnerable populations worldwide: Applying evidence-based training and core psychological change processes to disseminate effective services for trauma survivors (Role: PI)
- Ruzek, J.I., Eftekhari, A., Foa, E.B., Hembree, E., Friedman, M. J., Schnurr, P. P. (2007-Present). Office of Mental Health Services, approximately \$10,000,000 to date. Prolonged Exposure Mental Health Training Initiative (Role: Project

- Ruzek, J. I. (2008-2011). Congressionally Directed Medical Research Programs PTSD IIRA, \$812,749. Dissemination of evidence-based CBT intervention components: Online self-administered training for providers treating military deployment-related PTSD (Role: PI)
- Ruzek, J. I. (2007-2011). Department of Defense afterdeployment.org Congressionally-mandated web development project. (Role: Oversight of 5 contracted staff members)
- Rosen, C., Ruzek, J. I. (2006-2007). VA QUERI Rapid Response Project (RRP-06-202), \$39,070. VIP: Staff Distance Learning in Substance Use Intervention for Returnees (Role: PI)
- Fotiades J., Friedman M. (PIs) (2003-2006). HSR&D \$1,446,000. Evaluating a bio-terrorism preparedness campaign for veterans (Role: Regional PI)
- Carlson, E. B., Ruzek, J. I., & Field, N. (2005-2006). NIMH, \$275,000. Ecological proximal assessment of trauma survivors (Role: Co-Investigator)
- Brunet A. & Ruzek J.I. (2001). Conseil Quebecois de la Recherche Sociale, Canadian \$105,910. Early intervention after a critical incident (Role: Co-PI)
- Prins, A. & Ruzek, J. I. (2000). California Coalition Against Sexual Assault (CalCASA) (Contract). Development and evaluation of a training curriculum for community rape crisis center workers
- Prins, A. & Ruzek, J. I. (1999). California Coalition Against Sexual Assault (CalCASA) (Contract). Crisis counseling for sexual assault survivors: Training manual
- Ruzek, J. I. (1983). Health Education Council, UK\$50,000. Secondary intervention for problem drinkers: Drinkwatchers outcome evaluation (Role: PI)

#### **Selected Consultant / Mentor Roles**

- Benight, C. C. (PI) (2007-2009). NIMH STTR grant, \$250,000. Web-based empowerment program for disaster victims and first responders (Role: Scientific/Clinical Advisor)
- Weitlauf, J. (PI) (2006-2007). VA Health Services Research and Development Advanced Career Development Award, \$440,000.00. PTSD, sexual trauma and gynecological care in women veterans (Role: Consulting Mentor)
- Weitlauf, J. (PI) (2004-2006). Stanford Comprehensive Cancer Center, \$50,000. Does sexual trauma impact preventive screening for cervical cancer? (Role: Consultant)
- Weitlauf, J. (PI). 2004-2006). VA Health Services Research and Development, Associate Investigator Award, \$320,000.00. Assessing quality of gynecological care among female veterans with PTSD (Role: Co-Mentor)
- Weitlauf, J. (PI). 2003-2005). Sierra Pacific MIRECC, VA Palo Alto Health Care System, \$3,500.00. The Women's Self Defense Project (Role: Faculty Sponsor)
- Norris, F. (PI) (2003). Research education in disaster mental health. NIMH (Role: Consultant)
- Cook, J. (PI) (2002). Randomized controlled trial of Seeking Safety PTSD-substance abuse protocol. \$25,000 (Role: Consultant)
- Kassam-Adams, N. (2002). Screening and secondary prevention for psychological sequelae of pediatric injury. Emergency Medical Services for Children Targeted Issue Project. Children's Hospital of Philadelphia (Role: Consultant)

### **GRANT/Contract REVIEW PANELS**

- NIMH Prevention of Trauma Related Adjustment and Mental Disorders in High-Risk Occupations, 2007-2008
- NIMH Disaster Mental Health Research Center (RFA-MH-07-070), 2007
- NIOSH/CDC World Trade Center Research Program Technical Evaluation Panel, 2011
- VA National Survey of American Companies contract, 2011

# **ORGANIZATIONAL CONSULTATION** Consultation/training for a range of organizations, including:

- Armenia Ministry of Defense
- Kobe (Japan) Mental Health
- San Jose Police Department
- Center for Mental Health Services (SAMHSA)
- Project Liberty (NY 9-11 response)
- Ohio Department of Mental Health
- U.S. Marines Combat Stress Control
- NIMH Prevention Sciences
- Genessee Health, Flint Michigan Water Crisis
- Sonoma Country Fires DMH Response
- National Center for Mass Violence

- World Vision
- Singapore Air Force
- Federal Bureau of Prisons
- Human Rights Watch
- U.S. Air Force
- · Canada VA
- Louisiana Spirit (Hurricanes Katrina, Gustav)
- SAMHSA Disaster Technical Assistance Center
- Phoenix Center, Australia
- Institute of Psychology, Chinese Academy of Sciences
- Veterans Healthcare Policy Institute

## SELECTED EDUCATIONAL / CLINICAL PRODUCTS \*Funded projects

## **Online/Cellphone Practitioner Training Materials**

- \*PTSD Practitioner Registry Clinical Practice Guideline web resource (11th Annual W<sup>3</sup> Awards 2016 Silver Award Winner, Websites-Health category)
- \*Clinical Use of Measurement-Based Care (w MBC Clinician Training workgroup, Veterans Healthcare Administration)
- \*Cognitive-Behavioral Case Formulation in PTSD (w S. Landes, Ph.D)
- \*Community Provider Online Toolkit (w Shannon McCaslin, Ph.D.)
- \*Employer Online Toolkit (w Sara Landes, Ph.D., Pamela Swales, Robyn Walser)
- \*Disaster Mental Health Online Toolkit (w Bruce Young, MSW)
- \*Campus Online Toolkit (w Shana Spangler, Ph.D., Annabel Prins, Ph.D.)
- \*Police Online Toolkit (w Chris Weaver, Ph.D.)
- \*Reducing Provider Burnout (w Katie Sears, Ph.D., Marylene Cloitre, Ph.D., Perry Bosmajian, Ph.D.)
- \*Using Afterdeployment.Org in Clinical Care (w Annabel Prins, Ph.D., Eric Kuhn, Ph.D., Julia Hoffman, Ph.D.)
- \*Psychological First Aid (Iphone; with JH, EK, P. Watson, Ph.D., M. Brymer, Ph.D.)
- \*CBT Goal Setting (w Amy Naugle, Ph.D.)
- \*Motivation Enhancement (w Jennifer Sharpe-Potter, Ph.D.)
- \*Behavioral Task Assignment (w Amy Naugle, Ph.D.)
- \*ServMH training: Combat Driving (w E. Kuhn, Ph.D.) & Work Success (w S. Riney, LCSW)
- \*Clinician/Patient Communication Skills for PTSD/TBI/Polytrauma
- \*Initial PTSD Compensation and Pension Examination
- \*PTSD 101: Cognitive-behavioral Interventions for PTSD
- \*PTSD 101: VA-DoD Clinical Practice Guideline for Management of Traumatic Stress
- Lead writer, Iraq War Clinician Guide treatment section
- \*Veterans Health Initiative: PTSD and Primary Care (1st edition)
- \*Veterans Health Initiative: Weapons of Mass Destruction

## **Online/Cellphone Clinical / Preventive Interventions**

- \*My Sonoma Strong, disaster response Internet program for Sonoma Country fire response (with C. Benight, Ph.D.)
- \*Renew (self-administered exposure intervention app, with Carmen McLean, Ph.D.) (under development)
- \*Android eCourage (trauma care app, with Erica Simon, Ph.D. and Sacha McBain, Ph.D.) (under development)
- \*Iphone Trauma Recovery Coach (secondary prevention app, with Beth Jaworski, Ph.D. et al.)
- \*Iphone Concussion Coach (mild TBI; with Julia Hoffman, Ph.D., Eric Kuhn, Ph.D.)
- \*CRAFT for PTSD and Substance Abuse (with E. Gifford, K. Weingardt, Eric Kuhn, Ph.D.)
- \*Iphone PTSD Coach (with Julia Hoffman, Ph.D., Eric Kuhn, Ph.D.)
- \*Iphone Prolonged Exposure Coach (with JH, EK, Afsoon Eftekhari, Ph.D.)
- \*Iphone Cognitive Processing Therapy (with JH, EK, K. Chard, Ph.D., P. Resick, Ph.D.)
- \*Iphone CBT for Insomnia (with JH, EK, S. Woodward, Ph.D.)
- \*Iphone ACT for PTSD (with JH, EK, R, Walser, Ph.D.)
- \*Iphone Behavioral Activation (with JH, EK, Ph.D.)
- \*Iphone Mindfulness (with JH, EK, Ph.D.)
- \*Iphone PTSD Family Coach (with JH, EK, Ph.D.) (under development)
- \*Iphone StayQuit Coach (smoking cessation; with Eric Kuhn, Ph.D., Julia Hoffman, Ph.D.)
- \*afterdeployment.org Improving Relationships
- \*afterdeployment.org Work Success
- \*afterdeployment.org Alcohol and Drug Problems
- \*MyHealtheVet Social Isolation (w K. Drescher, Ph.D., E. Kuhn, Ph.D.)
- \*afterdeployment.org Managing Trauma Reminders (with Eric Kuhn, Ph.D., and development team)
- \*MyHealtheVet Considering Professional Care (w K. Drescher, Ph.D., E. Kuhn, Ph.D.)
- \*MyHealtheVet Stress Management
- \*MyHealtheVet Managing Triggers and Reminders
- \*Journey to Recovery Internet early intervention civilian self-help site (w C. Benight, Ph.D. and team)

## **Assessment Instruments/Tools**

• Ecological Proximal Assessment (E. Carlson, Ph.D., PI)

- Trauma History Questionnaire (E. Carlson, Ph.D., PI)
- VA Military Stress Treatment Assessment (VAMSTA; with A. Fontana, Ph.D., M. McFall, Ph.D., & R. Rosenheck, M.D.) PTSD program evaluation instrument

## **Videos and Satellite Broadcast Collaborations**

- \*Clinical Use of Measurement-Based Care
- \*Skills for Psychological Recovery (ISTSS collaboration)
- \*Prolonged Exposure: An Evidence-Based Treatment for PTSD
- \*Pandemic Flu
- \*Prolonged Exposure: Providing the Best Care For Veterans with PTSD
- \*Meeting our Returning Veterans' Mental Health Needs
- \*Psychological First Aid
- \*Responding to Mass Violence
- \*Wounded spirits, Ailing Hearts: PTSD and the legacy of war among American Indian and Alaska Native veterans

#### **Treatment Manuals**

- Work Success for Veterans with PTSD: Group and Individual Counseling Manual (co-authors S. Riney, LCSW, R. D. Walser, Ph.D., J. LeClerc, MEd. T. Armijo, B.S., & C. Lawing, M.A.)
- \*Psychological First Aid Field Operations Manual (with P. Watson, Ph.D., and National Child Traumatic Stress Network team)
- \*Skills for Psychological Recovery (with P. Watson, Ph.D., R. Bryant, Ph.D., and NCTSN team)
- \*Chief Writer, CSP420 Group Exposure ("Focus Group") treatment manual for 10-site outcome trial
- \*Promotion of Emotional Disclosure Following Illness and Injury: A Treatment Manual for Medical Patients and Their Families (with M. Cordova, Ph.D.; demonstrated effects in RCT)

## **ORGANIZATIONS / COMMITTEES**

## **Veterans Healthcare Administration**

- Member, Workgroup to Improve Reach and Fidelity of EBPs in VA
- Co-Chair, Self-Directed Care subgroup of Continuum of Care Working Group
- Member, Forum Committee for the Overall Implementation of the Mental Health Outcomes and Measurement-Based Care/Management Initiative
- Chair, Clinician Training Workgroup for Measurement-Based Care Implementation
- Member, Evaluation Workgroup for Measurement-Based Care Implementation
- Member, Communications Workgroup for Measurement-Based Care Implementation
- Co-Chair, VJO Strategic Planning Workforce Development Workgroup
- Member, Veterans Justice Outreach Program Strategic Planning Workgroup
- · Co-Chair, PTSD Coalition, Mental Health QUERI
- Co-Chair, mHealth Evaluation Framework Workgroup
- Member, Health Informatics Hi2 Patient Facing Workgroup
- Member, Integrated Mental Health Strategy #26 (Research Translation into Practice) Workgroup
- Member, Emotional Well-Being Task Force
- Member, Family Interventions Evidence-Based Research Synthesis Expert Panel
- Member, Veterans Justice Outreach Strategic Planning Team
- Member, Planning Committee, VHA Comprehensive Emergency Management Program Evaluation and Research (CEMPER) Conference
- Member, Patient Care Services Evidence-Based Psychotherapy (EBP) Telemental Health Task Force
- Co-Chair, MyRecoveryPlan (MyHealtheVet) Clinical Adoption Sub-Workgroup
- Member, OMHS Implementation of Family and Marriage Counseling workgroup
- Member, VHA Disaster Mental Health Leadership Group
- Member, VHA National Emergency Management Field Advisory Committee
- Member, VA-DOD Mental Health Summit Technical Working Group, 2009
- Member, Psychotherapy Lead, VA-DOD PTSD Practice Guidelines Revision Committee
- Member, PTSD-Substance Abuse Consensus Practice Guideline Committee
- Member, PTSD-TBI-Pain Consensus Practice Guideline Committee
- Member, VHA OIF-OEF Internet Site working group
- Member, Undersecretary's Special Committee on PTSD, Jan 2006-Jan 2008

- Member, National Mentoring Program Executive and Steering Committees
- · Co-Director, PTSD Education, Sierra Pacific Mental Illness Research, Education, and Clinical Center
- Member, QUERI PTSD/SUD Work Group
- Member, Clinical Reminders Work Group, 2007
- Director, Psychology Post-Doctoral Fellowship, Sierra-Pacific MIRECC (until 2006)
- Member, MyHealtheVet Mental Health Subcommittees
  - Mental Health Executive
  - Interactivity
  - Online Screening
  - Tracking/Disease Management
- Member, Mapping the Landscape of Deployment Related Adjustment and Mental Disorders: A Working Group to Inform Research (VA, DOD, and NIMH)
- Member, Knowledge Management and Best Practices subcommittee of VHA Mental Health Steering Committee, 2005
- Member, Deployment Mental Health Subgroup of the DoD/VA Deployment Health Work Group
- Member, Mental Health SubCommittee, Public Law 107-287, Preparing VA for Weapons of Mass Destruction, 2003
- Member, Joint VA/DOD PTSD Practice Guidelines Committee, 2002
- Member, National MIRECC Education Committee, 2001-Present
- Member, VAPAHCS PTSD Clinical Team Steering Committee, 2007-Present
- Member, VAPAHCS Psychology Research Committee, 2002-2008

#### **Professional Organizations**

- Member, Scientific Advisory Board, PsyberGuiide, 2017-
- · Co-Chair, Internet and Technology Special Interest Group, International Society for Traumatic Stress Studies, 2017-
- Member, Expert Workgroup on Quality Behavioral Health Metrics, American Psychological Association, 2015
- Member, Web Development Task Force, ISTSS, 2010
- Member, Dissemination and Collaboration Task Force, ISTSS, 2010
- Member, American Psychological Association Division 56 (Trauma Psychology) Task Force on Dissemination
- Member, Expert Panel, European Network for Traumatic Stress (TENTS) Project, Disaster Mental Health Delphi Study
- Member, Board of Directors, International Society for Traumatic Stress Studies (ISTSS), 2005-2011
- Chair, Awards Committee, ISTSS, 2008
- Member, Public Education Committee, ISTSS, 2008, 2010
- Vice-President, International Society for Traumatic Stress Studies, Nov 2006-Nov 2007
- Co-Chair, Annual Meeting Committee, International Society for Traumatic Stress Studies, 2005-2006
- Co-Chair, Public Education Committee, International Society for Traumatic Stress Studies, 2005-2006
- Co-Chair, International Society for Traumatic Stress Studies 2004 Annual Meeting
- · Member, Association for Advancement of Behavior Therapy Ad Hoc Committee on Terrorism
- Co-Founder, "Early Intervention" Special Interest Group, International Society for Traumatic Stress Studies, 1999 and Co-Chair, 1999-Present

### **Department of Defense**

- Member, Board of Directors, Center for Deployment Psychology, June 2007-present
- DoD Technology and Telehealth Work Group

## **Other Federal Agencies**

- Member, National Health Security Strategy (NHSS) Interagency Working Group for Fostering Informed, Empowered Individuals and Communities, DHSS, 2013
- Member, National Biodefense Science Board Subcommittee on Disaster Mental Health, Department of Health and Human Services, May 2008-Present
- Member, NIMH Expert Panel on Prevention of Traumatic Stress Disorders in High-Risk Occupations: Current Knowledge and Research Opportunities
- Member, CDC Expert Panel on Behavioral Health Aspects of Pandemic Influenza, 2004
- Member, SAMHSA/NIMH/DVA Expert Panels
  - · Screening and Assessment
  - Intervention and Outreach
  - Ongoing Threat following Mass Violence
- Member, Planning Committee and Participant, Consensus Workshop on Mental Health and Mass Violence: Evidence-Based Early Psychological Intervention for Victims/Survivors of Mass Violence, 2001

## **Community Organizations**

- Member, Advisory Board, Veterans Healthcare Policy Institute
- Member, Healthcare Provider Advisory Committee, PsychArmor Institute
- Founder and Co-Director, Early Intervention Clinic, Palo Alto, California, 2002-Present

#### **Commercial Organizations**

• Member, Board of Directors, BlueSun Inc., 2011-January 2016.

#### Other Organizations

- Member, Strategic Planning Group, Seattle Implementation Research Conference
- Member, National Fallen Firefighters Foundation Behavioral Health Steering Committee, 2008
- Member, Project Liberty Planning Committee, New York, 2002
- Member, Board of Directors and Operations Committee, Trauma Recovery Institute and Resource Center (TRIARC; non-profit organization), San Francisco, California, 1997-1999
- Team Leader, San Francisco Airport Annual Air Crash Exercise, 1994-1996
- Member, National Executive Committee, Alcohol Concern (British national alcohol organization), 1986 and 1987;
   Chair, Education Subcommittee, 1987; Member, Finance and General Purposes subcommittee, 1987
- Chairman, Alcohol Concern Greater London, 1986 & 1987
- Chairman, TRANX (tranquilizer reduction self-help organization), 1984

#### **EDITORIAL RESPONSIBILITIES**

- Editorial Board, International Journal of Clinical and Health Psychology, Nov 2017-Present
- Editorial Board, mHealth, Nov 2016-Present
- Editorial Board, Behaviour Research and Therapy, Dec 2011-Present
- Editorial Board, Psychological Trauma: Theory, Research, Practice and Policy, July 2008-Present
- Editorial Board, Journal of Anxiety Disorders, March 2006-Present
- Editorial Board, Journal of Traumatic Stress, March 2003-December 2008
- Associate Editor, Adult Interventions, Encyclopedia of psychological trauma
- Managing Editor, National Center for PTSD Clinical Quarterly, 1994-2006
- Editorial Board, TRAUMATOLOGYe, on-line journal, 1996-Present

Ad Hoc Reviewer: American Journal of Public Health, Journal of Substance Abuse Treatment, Journal of Nervous and Mental Disease, Psychological Bulletin, Addiction Research and Theory, Journal of Consulting and Clinical Psychology, Psychological Medicine, Spanish Journal of Psychology, Assessment, Psychiatric Issues in Emergency Care Settings, Journal of Pediatric Psychology, Journal of Psychosomatic Research, Harvard Review of Psychiatry, International Review of Psychiatry, Psychiatric Services, Contemporary Clinical Trials, Biological Psychiatry, Journal of Clinical Psychiatry, Evaluation and Program Planning, Psychiatry: Interpersonal and Biological Processes, Public Health Nursing, International Journal of Medical Informatics, Anesthesiology Research and Practice, Global Mental Health.

## **PUBLICATIONS**

- Liu, Z., Liang, Y., Cheng, J., & Ruzek, J. I. (Manuscript submitted for publication). Posttraumatic Stress Disorder following the 2008 Wenchuan earthquake: A 10-year systematic review among highly exposed populations in China. *Journal of Affective Disorders*.
- O'Donnell, M.L., Lau, W., Fredrickson, J., Bryant, R.A., Bisson, J., Burke, S., Busuttil, W., Coghlan, A., Creamer, M., Gray, D., Greenberg, N., McDermott, B., McFarlane, A.C., Monson, C., Phelps, A., Ruzek, J., Schnurr, P.P., Ugsang, J., Watson, P., Whitton, S., Williams, R., Cowlishaw, S., & Forbes, D. (Manuscript submitted for publication). The Skills For Life Adjustment and Resilience (SOLAR) program: a brief psychosocial intervention for disaster and trauma survivors. *European Journal of Psychotraumatology*.
- Muñoz R. F., Chavira, D. A., Himle, J. A., Koerner, K., Muroff, J., Reynolds, J., Rose, E. D., Ruzek, J. I., Teachman, B. A., & Schueller, S. M. (2018). Digital apothecaries: a vision for making health care interventions accessible worldwide. *mHealth*, 4, 18.

- Taylor, C. B., Ruzek, J. I., Fitzsimmons-Craft, E. E., Graham, A. K., & Balantekin, K. N. (2018). A systematic digital approach to implementation and dissemination of eating disorders interventions to large populations identified through online screening: implications for post-traumatic stress. *mHealth*, 4, 25.
- McCaslin, S., Ortigo, K. M., Simon, E., & Ruzek, J. I. (2018). Understanding and treating Posttraumatic Stress Disorder in Veterans. In L. Roberts & C. Warner (Eds.), *Military and veteran mental health*. Springer: New York, New York.
- Ruzek, J. I. & Yeager, C. M. (2017). Internet and phone technologies: Addressing the mental health of trauma survivors in less resourced communities. *Global Mental Health*, *4*, e16. doi:10.1017/gmh.2017.11
- Schnurr, P. P., Bryant, R., Berliner, L., Kilpatrick, D. G., Rizzo, A. S., & Ruzek, J. I. (2017). What I have changed my mind about and why: Public health and technology perspectives in the field of trauma studies. *European Journal of Psychotraumatology*, 8, sup5, DOI: 10.1080/20008198.2017.1372007
- Rosen, C., Eftekhari, A., Crowley, J., Smith, B., Kuhn, E., Trent, L., Martin, N., Tran, T., & Ruzek, J. (2017). Maintenance and reach of exposure psychotherapy for posttraumatic stress disorder 18 months after training. *Journal of Traumatic Stress*, 30, 63-70.
- Sayer, N., Rosen, C. S., Bernardy, N. C., Cook, J. M., Orazem, R. J., Chard, K. M., Mohr, D. C., Kehle-Forbes, S. M., Eftekhari, A., Crowley, J., Ruzek, J. I., Smith, B. N., & Schnurr, P. P. (2017). Context matters: Team and organizational factors associated with reach of evidence-based psychotherapies for PTSD in the Veterans Health Administration. *Administration and Policy in Mental Health and Mental Health Services Research*.
- Ernst Wood, A., Prins, A., Bush, N. E., Hsia, J. F., Bourn, L. E., Earley, M. D., Walser, R. D., & Ruzek, J. I. (2017). Reduction of burnout in mental health care providers using the Provider Resilience mobile application. *Community Mental Health Journal*, *53*, 452-459.
- Rosen, R. C., Ruzek, J. I., & Karlin, B. E. (2017). Evidence-based training in the era of evidence-based practice: Challenges and opportunities for training of PTSD providers. *Behaviour Research and Therapy*, 88, 37-48.
- Kuhn, E., Kanuri, N., Hoffman, J. E., Garvert, D. W., Ruzek, J. I., & Taylor, C. B. (2017). A randomized controlled trial of a smartphone app for posttraumatic stress disorder symptoms. *Journal of Consulting and Clinical Psychology*, 85, 267-273.
- Brucia, E., Cordova, M. J., & Ruzek, J. I. (2017). Critical incident interventions: Crisis response and debriefing. In C. Mitchell and E. Dorian (Eds.), *Police psychology and its growing impact on modern law enforcement* (pp. 119-142). IGI Global.
- Rosen, C., S., Matthieu, M. M., Wiltsey-Stirman, S., Cook, J. M., Landes, S., Bernardy, N. C., Chard, K. M., Crowley, J., Eftekhari, A., Finley, E. P., Hamblen, J. L., Kehle-Forbes, S. M., Meis, L. A., Mott, J. M., Rodriguez, A., Ruggiero, K. J., Ruzek, J. I., Smith, B.N., Trent, L., & Watts, B. V. (2016). Review of studies on the system-wide implementation of evidence-based psychotherapies for posttraumatic stress disorder in the Veterans Health Administration. *Administration and Policy in Mental Health and Mental Health Services Research*, Jul 29. [Epub ahead of print]
- Ruzek, J. I., Kuhn, E., Jaworski, B. K., Owen, J. E., & Ramsey, K. M. (2016). Mobile mental health interventions following war and disaster. *mHealth*, *2*, 37.
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## **PRESENTATIONS**

Ruzek, J. I. (August 11, 2018). Lessons learned from implementation of effective PTSD treatments. In Intercultural Innovations in Trauma Research and Care - WHO-led and Further Progresses (Symposium) presentation at American

- Psychological Association Annual Conference, San Francisco, California.
- Bankman, J., Rojas-Ashe, E., Shadeh-Sharvit, S., Taylor, C. B., & Ruzek, J. I. (August 10, 2018). Digital tools to expand, deepen, and improve the psychologist's work: A hands-on guide. Distinguished workshop at American Psychological Association Annual Conference, San Francisco, California.
- Janka, D., Simon, E., & Ruzek, J. I. (August 8, 2018). Design thinking and innovation in mental health. Invited workshop for international affiliates at American Psychological Association Annual Conference, San Francisco, California.
- Ruzek, J. I. (June 6, 2018). Mobile technologies for trauma survivors: Current status and potential for global public health response. Presented at Digital Health Promotion Executive Leadership Summit, Washington, DC.
- Ruzek, J. I. & Tong, H. Q. (May 14-16 2018). Problem Management Plus (PM+): A WHO cross-diagnostic evidence-based intervention. Training workshop, Beijing, China.
- Ruzek, J. I. (May 8, 2018). Towards a 21<sup>st</sup> century disaster mental health response. Invited address presented at 10<sup>th</sup> Anniversary of Sichuan earthquake, Institute of Psychology/Chinese Academy of Sciences, Beijing, China.
- Ruzek, J. I. (April 30, May 1-2, 2018). Skills for Psychological Recovery and Train-the-Trainer Workshop presented at Jefferson City, Missouri.
- Ruzek, J. I. (April 2018). Skills for Psychological Recovery. Workshop presented at Sonomo County, California.
- Ruzek, J. I. (February 2018). Spread the knowledge and change behavior: Dissemination and implementation of evidence-based psychological treatments. Invited keynote address at 2018 Annual Conference of DeGPT, Dresden, Germany.

**ISTSS** 

**ABCT** 

- Ruzek, J. I. (April 27, 2017). Treatment improvement in PTSD and mental health. Invited presentation at Western Psychological Association Annual Conference, Sacramento, California.
- Ruzek, J. I. (????, 2017). Virtual care in mental health. Plenary presentation at VA National Mental Health Meeting 1, ?????.
- Ruzek, J. I. (????, 2017). Virtual care in mental health. Plenary presentation at VA National Mental Health Meeting 2, ?????.
- Ruzek, J. I. (November, 2017). Envisioning a feasible, scalable, effective, and engaging post-disaster mental health response. Presented at VEMEC Conference, San Diego, California.

APA

- Ruzek, J. I. (September 7, 2017). Mobile/web-based treatment of PTSD. Panel presentation at INECO Foundation, Bogota, Colombia.
- Ruzek, J. I. (August 31, 2017). Scaling up: Technology and implementation of effective interventions for Trauma survivors. Invited address at Colombia Psychological Association Annual Conference, Medellin, Colombia.

China

- Ruzek, J. I. (March 13, 2017). Presented at Beijing 6th Hospital, Peking University Medical School, Beijing, China.
- Ruzek, J. I. (April 2, 2017). Treatment improvement in PTSD and mental health. Distinguish Speaker Series invited addres at Western Psychological Association, Sacramento, California.
- Ruzek, J. I. (June 5-7, 2017). Skills for Psychological Recovery and Train-the-Trainer Workshop presented for Minnesota Department of Health, St. Paul, Minnesota

- Ruzek, J. I. (May 2016). Skills for Psychological Recovery. Workshop presented at Genessee Health Care System, Flint, Michigan.
- Ruzek, J. I. (May 2016). Implementing new technology in mental health care. Invited symposium presented at Traumatic Stress Research: Enabling Bedside Implementation, a Joint ISTSS/CIMVHR conference, Toronto, Canada.
- Ruzek, J. I. (May 2016). Technological advances in treatment. Invited workshop presented at Traumatic Stress Research: Enabling Bedside Implementation, a Joint ISTSS/CIMVHR conference, Toronto, Canada.
- Ruzek, J. I. (April 2016). Reinventing PTSD treatment: Four interconnected strategies. Invited symposium presented at Universidad Carlos Albizu, San Juan, Puerto Rico.
- Ruzek, J. I. (April 2016). mHeath and web interventions for post-traumatic stress: Where we're at and where we're going. Invited symposium presented at Kentucky Conference on Health Communication, Lexington, Kentucky.
- Colaco, B., Newman, M. G., Kanuri, N., Ruzek, J. I., Kuhn, E., Forsberg, S., Sharvit, S. S., Jones, M., Manjula, M., & Taylor, C. B. (April 2016). Role of supervision and monitoring in enhancing coach competence in an online guided self-help program for reducing anxiety in Indian university students: Designing for international, cross-cultural collaboration.. Poster presented at International Society for Research on Internet Interventions 8<sup>th</sup> Scientific Meeting, Seattle, Washington.
- Ruzek, J. I. (September 2015). The future of digital mental health. Symposium presented at Stanford Medicine X conference, Palo Alto, California.
- Ruzek, J. I. (September 2015). Technologies for posttraumatic stress problems: Veterans and beyond. Symposium presented at European Society for Research on Internet Interventions conference, Warsaw, Poland.
- Ruzek, J. I. (April 2015). Envisioning a feasible, scalable, effective, and engaging post-disaster response. Keynote presented at 2<sup>nd</sup> Annual Institute for Disaster Mental Health conference, New Paltz, New York.
- Ruzek, J. I. (April 2015). Rebuilding Social Connections: A *Skills for Psychological Recovery* intervention. Keynote presented at 2<sup>nd</sup> Annual Institute for Disaster Mental Health conference, New Paltz, New York.
- Ruzek, J. I. & McGee-Vincent, P. (April 2015). Practice-Based Implementation Network: Establishing a network of PTSD innovation. Grand Rounds presented at Philadelphia VAMC, Philadelphia, Pennsylvania.
- Ruzek, J. I., Schnurr, P., Coyne, J., Thompson, R., Simiola, V., Hoff, R., & Cook, J. (December 2014). Testing the model using quantitative data: Implementation outcomes for two yearly time points. Symposium presented at 7<sup>th</sup> Annual Conference on the Science of Dissemination and Implementation, Bethesda, Maryland.
- Ruzek, J. I. (December, 2014). PTSD apps and clinical practice. VISN20 MIRECC virtual presentation, Palo Alto, California.
- Ruzek, J. I. (December, 2014). How can we get better at this: What will it take to improve our care for Veterans with PTSD? Virtual presentation at Annual PTSD Updates conference, Palo Alto, California.
- Ruzek, J. I., Landes, S., Carlson, E., Wang, D., & Lindley, S. (November 2014). Development of a clinician "dashboard" to enhance evidence-based decision-making. Symposium presented at International Society of Traumatic Stress Studies 30<sup>th</sup> Annual meeting, Miami, Florida.
- Ruzek, J. I., Eftekhari, A., Crowley, J., Kuhn, E., Garvert, D., & Rosen, C. (November 2014). Effects of training on clinician beliefs about and intention to use Prolonged Exposure therapy. Symposium presented at International Society of Traumatic Stress Studies 30<sup>th</sup> Annual meeting, Miami, Florida.
- Eftekhari, A., Ruzek, J. I., Crowley, J., Kuhn, E., Garvert, D., & Rosen, C. (November 2014). Outcomes of Prolonged Exposure therapy in VA care: Provider and patient factors. Symposium presented at International Society of Traumatic Stress Studies 30<sup>th</sup> Annual meeting, Miami, Florida.

- Rosen., C., Ruzek, J. I., Eftekhari, A., Crowley, J., Kuhn, E., & Karlin, B. (November 2014). Use of Prolonged Exposure after completion of training. Symposium presented at International Society of Traumatic Stress Studies 30<sup>th</sup> Annual meeting, Miami, Florida.
- Kanuri, N., Kuhn, E. R., Owen, J. E., Hoffman, J. E., Miner, A., Jaworski, B. K., Ruzek, J. I., Taylor, C. B. (October, 2014). A Randomized Controlled Trial of The PTSD Coach App: Linking Objective Usage Data To Outcomes. Poster presented at the Seventh Scientific Meeting of the International Society for Research on Internet Interventions, Valencia, Spain.
- Crowley, C., Eftekhari, E., Ruzek, J. I., Kuhn, E., (October, 2014). Effects of training on clinician beliefs about and intention to use Prolonged Exposure therapy. Symposium presented at the Seventh Scientific Meeting of the International Society for Research on Internet Interventions, Symposium accepted for presentation at the annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.
- Kuhn, E., Owen, J., Hoffman, J. E., Jaworski, B., Ramsey, K. M., & Ruzek, J. I. (2014, November). Using traditional and novel data sources to assess reach, reception, use, and impact of the PTSD Coach mobile app. In J. Ruzek (Chair), A comprehensive data driven approach to information technologies innovation targeting PTSD screening, treatment process, and intervention. Symposium accepted for presentation at the annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.
- Kuhn, E., Owen, J., Hoffman, J. E., Jaworski, B., Ramsey, K. M., & Ruzek, J. I. (2014, November). Using traditional and novel data sources to assess reach, reception, use, and impact of the PTSD Coach mobile app. In J. Ruzek (Chair), A comprehensive data driven approach to information technologies innovation targeting PTSD screening, treatment process, and intervention. Symposium accepted for presentation at the annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.
- Ruzek, J. I. (May, 2014). Increasing research in your clinics, assessing treatment outcomes, and using measurement-based care. Panel presentation at the National PTSD Mentor Program, Washington, DC.
- Landes, S. J., Ruzek, J. I.., Wang, D., Carlson, E. B., & Lindley, S. E. (2013, November). Improving the quality of PTSD care with integrated informatics for monitoring treatment outcomes. In A. Lyon (Chair), Evidence-based assessment for feasible quality improvement in real-world service settings. Symposium presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Nashville, TN.
- Ruzek, J. I. (August, 2013). Implementation of best practices in PTSD treatment: Challenges and possible solutions. Symposium presented at the annual conference of the American Psychological Association, Honolulu, HI.
- Ruzek, J. I., Eftekhari, A., Crowley, J., Rosen, C., Chambers, A., Gregory, G., & Karlin, B. E. (August, 2013). Transferring Prolonged Exposure PTSD treatment to mental health professionals: Making It work. Symposium presented at the annual conference of the American Psychological Association, Honolulu, HI.
- Ruzek, J. I. (August, 2013). Toward scalable web-based training for PTSD treatment providers. Symposium presented at the annual conference of the American Psychological Association, Honolulu, HI.
- Ruzek, J. I., Kuhn, E., & Hoffman, J. (August, 2013). Roles of web and phone technology in improving PTSD treatment. Symposium presented at the annual conference of the American Psychological Association, Honolulu, HI.
- Ruzek, J. I., Kuhn, E., & Hoffman, J. (August, 2013). Beyond phone apps as emotion regulation tools: PTSD Coach and beyond. Symposium presented at the annual conference of the American Psychological Association, Honolulu, HI.
- Shapiro, A., Downey, M., Lovett, S.B., Ruzek, J.I., & Cordova, M.J. (July, 2013). Burnout, vicarious traumatization and mindfulness in clinicians. Poster presented at the annual conference of the American Psychological Association, Honolulu, HI.
- Ruzek, J. I., Kuhn, E., & Hoffman, J. (2013). Evidence-based psychotherapy for PTSD: Mobile apps as implementation supports. American Psychiatric Association, San Francisco, CA, May 18, 2013.

- Ruzek, J. I., Hoffman, J., & Kuhn, E. (2013). How mobile apps can improve PTSD prevention and treatment. Anxiety Disorders Association of America, San Diego, CA, April 6, 2013.
- Ruzek, J. I., Hoffman, J., & Kuhn, E. (2013). Technology and management of traumatic stress, San Diego, CA, April 4, 2013.
- Ruzek, J. I. (2012). Skills for Psychological Recovery. International Society for Traumatic Stress Studies Webinar, Menlo Park, CA, February 6, 2013.
- Ruzek, J. I. (2012). Innovations in PTSD Training: Towards Effective Implementation of Best Practices. James W. Bartlett Memorial Lecture (11<sup>th</sup> Annual Visiting Professorship Series), University of Rochester, Rochester NY, January 17, 2013.
- Ruzek, J. I. (2012). Mental health and Veteran wellbeing: Employment initiatives. 94th Annual American Legion National Convention, Indianapolis, Indiana, August 2012.
- Hoffman, J., Kuhn, E., Bailey, K., & Ruzek, J. I. (2012), The landscape of mobile application development and dissemination for use among Veterans, family members, and service providers. VA Psychology Leadership Conference, San Antonio TX, April 2012.
- Hoffman, J.E., Estrin, D., Sim, I., Kuhn, E., Miner, A., Taylor, K.L., Selsky, J., Trockel, M.T., Taylor, C.B., & Ruzek, J. (2012, September). Connecting PTSD Coach to a web-based visualization tool: Systemic integration using open architecture. Presented at the Medicine 2.0 World Congress, Boston, MA.
- Ruzek, J. I. (2011). Towards continuous implementation of best practices in PTSD care. 4<sup>th</sup> Annual Trauma Spectrum Conference, Washington, D.C., December 9, 2011.
- Sears, K. C., Rosen, R. C., Ruzek, J. I., Garvert, D. W., Smith, L. D., Marceau, L. D., Larsen, M. J., Litz, B. (2010). Internet-based CBT skills training for clinicians: Content development, participant feedback, and future directions. Cybertherapy Conference, Gatineau, Canada, June 2011.
- Ruzek, J. I. (2010). Using Internet interventions to improve care for Veterans and military personnel: afterdeployment.org. 12<sup>th</sup> European Conference on Traumatic Stress, Vienna, Austria, June 2-5, 2011.
- Ruzek, J. I., Weingardt, K., Kuhn, E., & Hoffman, J. (2010). Caring for trauma survivors in large healthcare systems: Towards Internet-facilitated treatment. 12<sup>th</sup> European Conference on Traumatic Stress, Vienna, Austria, June 2-5, 2011.
- Ruzek, J. I. (2010). Dissemination of PTSD practice guidelines in a large healthcare organization: Conceptual and practical challenges. International Society for Traumatic Stress Studies, Montreal, Quebec, Canada, November 4-6, 2010.
- Creamer, M., Bisson, J., Olff, M., & Ruzek, J. I. (2010). Promoting recovery from trauma: Translating the evidence base into practice. International Society for Traumatic Stress Studies, Montreal, Quebec, Canada, November 4-6, 2010.
- Zayed, M., Watts, B., Nguyen, T., Ruzek, J. I., & Schnurr, P. P. (2010). Development and use of a decision aid in Veterans with posttraumatic stress disorder. International Society for Traumatic Stress Studies, Montreal, Quebec, Canada, November 4-6, 2010.
- Ruzek, J. I., O'Donnell, M., Kassam-Adams, N., Adler, A., & Zatzick, D. (2010). Review and integration of evidence-based approaches to early trauma-focused interventions. International Society for Traumatic Stress Studies, Montreal, Ouebec, Canada, November 4-6, 2010.
- Ruzek, J. I. (2010). Dissemination of PTSD practice guidelines in a large healthcare organization: Conceptual and practical challenges. International Society for Traumatic Stress Studies, Montreal, Quebec, Canada, November 4-6, 2010.
- Hoffman, J., Ciulla, R., Kuhn, E., & Ruzek, J. I. (2010). Mobile phone applications for service members and Veterans. International Society for Traumatic Stress Studies, Montreal, Quebec, Canada, November 4-6, 2010.

- Cordova, M. J. & Ruzek, J. I. (2010). Early intervention strategies for treating PTSD and complicated grief. KARA 26<sup>th</sup>
  Professional Caregivers Conference: Good Grief: Healing after Trauma and Loss. Palo Alto, California, September, 2010.
- Ruzek, J. I. and Davis, L. L. (2010). PTSD and employment. VA Conference on Improving Clinical Outcomes of PTSD Treatment through Recovery and Vocational Reintegration. Chicago, Illinois, September, 2010.
- Mueser, K., Drebing, C., & Ruzek, J. I. (2010). Research on employment for veterans with PTSD. VA Conference on Improving Clinical Outcomes of PTSD Treatment through Recovery and Vocational Reintegration. Chicago, Illinois, September, 2010.
- Mueser, K., Ruzek, J. I., & Davis, L. L. (2010). Bridging the gap: Integration of work issues into PTSD clinical services. VA Conference on Improving Clinical Outcomes of PTSD Treatment through Recovery and Vocational Reintegration. Chicago, Illinois, September, 2010.
- Weaver, C. M., Dongon, S., Joseph, D., Fairweather, A., Va Derwood, M., Hsu, E., & Ruzek, J. I. (2010). A multidisciplinary model for training police: PTSD and Veteran culture. Presentation at American Psychology Association Annual Convention, August, 2010.
- Friedman, M. J., Ruzek, J. I., and Koffman, R. L. (2010). VA-DoD Clinical Practice Guideline for Management of Posttraumatic Stress: Update 2010. National Mental Health Conference: Implementing a Public Health Model for Meeting the Mental Health Needs of Veterans. Baltimore, Maryland, July 2010.
- Friedman, M. J., Ruzek, J. I., and Koffman, R. L. (2010). VA-DoD Clinical Practice Guideline for Management of Posttraumatic Stress: Workshop on the latest revision. National Mental Health Conference: Implementing a Public Health Model for Meeting the Mental Health Needs of Veterans. Baltimore, Maryland, July 2010.
- Ruzek, J. I. (2010). Early intervention and prevention of PTSD. Presented at Pacific Graduate School of Psychology, Palo Alto, California, June 2010.
- Ruzek, J. I. & Creamer, M. (2010). Disseminating effective treatments for PTSD: How do we change clinical practice. Presented at European Conference on Traumatic Stress, Zurich, Switzerland, April 2010.
- Ruzek, J. I., Eftekhari, A., Crowley, J., Rosen, C., Chambers, A., Maramba, G., Gregory, G., Frank, J., & Karlin, B. E. (2010). Dissemination of Prolonged Exposure therapy in VHA. Presentation at Anxiety Disorders Association of America, Baltimore, Maryland, March 2010.
- Ruzek, J. I. & Eftekhari, A. (2010). Reflections on dissemination of evidence-based PTSD treatments in VHA. Presentation at Association for Behavioral and Cognitive Therapies, New York, New York, November 2009.
- Ruzek, J. I. (2009). Improving PTSD care: Challenges for VA providers and programs. Presentation at 2009 Updates on posttraumatic stress disorder (PTSD): Meeting the challenges of the Uniform Mental Health Services handbook, Palo Alto, California, September, 2009.
- Ruzek, J. I. (2009). Dissemination of evidence-based CBT intervention components: Online self-administered training for providers treatment military deployment-related PTSD. Presentation at Military Health Research Forum, Kansas City, Missouri, September, 2009.
- Ruzek, J. I. (2009). Improving PTSD care: Challenges for VA providers and programs. Presentation at 2009 Updates on posttraumatic stress disorder (PTSD): Meeting the challenges of the Uniform Mental Health Services handbook, Palo Alto, California, September, 2009.
- Ruzek, J. I. (2009). Dissemination of evidence-based CBT intervention components: Online self-administered training for providers treatment military deployment-related PTSD. Presentation at Military Health Research Forum, Kansas City, Missouri, September, 2009.

- Ruzek, J. I. (2009). Disseminating Prolonged Exposure therapy in VAH: Training model, lessons learned, and evaluation of phase 1. Presentation at PTSD, Family and Recovery: What Fisher House Managers Need to Know, Baltimore, Maryland, July, 2009.
- Ruzek, J. I. (2009). PTSD, co-occurring problems, and the treatment process. Presentation at PTSD, Family and Recovery: What Fisher House Managers Need to Know, Palo Alto, California, July, 2009.
- Ruzek, J. I. (2009). Disseminating best practices and information in post-trauma care: Towards online training and support for providers serving trauma survivors. Presentation at Psych on the Net: The Future of E-Mental Health: International Conference on the Use of the Internet in Mental Health, Montreal, Canada, May, 2009.
- Ruzek, J. I. (2009). National Center for PTSD. Presentation at 2009 VAPAHCS Emerging Leaders Development Program, Palo Alto, California, May, 2009.
- Ruzek, J. I. (2009). Toward best practices in supporting staff after disaster and assault. Presentation at American Occupational Health Conference, San Diego, California, April, 2009.
- Ruzek, J. I. (2008). Current constructs and research in early intervention: What has to happen next? Continental Divide Disaster Mental Health Conference, Colorado Springs, Colorado, July, 2008.
- Ruzek, J. I. (2008). Skills for psychological recovery. Continental Divide Disaster Mental Health Conference, Colorado Springs, Colorado, July, 2008.
- Ruzek, J. I. & Eftekhari, A. (2008). Increasing implementation of Prolonged Exposure PTSD treatment in VHA: Towards a dissemination strategy. Presentation to Implementation Science Working Group, Palo Alto, California, May, 2008.
- Ruzek, J. I. (2008). Activity scheduling. Louisiana Spirit VTEL training, Palo Alto, California, April, 2008.
- Ruzek, J. I. (2008). Social support. Louisiana Spirit VTEL training, Palo Alto, California, April, 2008.
- Ruzek, J. I. & Eftekhari, A. (2008). Delivering Prolonged Exposure: Challenges and prospects for a national dissemination initiative. National PTSD Mentor Program Conference, San Antonio, Texas, March, 2008.
- Ruzek, J. I. (2008). Mentor program website on collage *Traumatic Stress and Readjustment*. National PTSD Mentor Program Conference, San Antonio, Texas, March, 2008.
- Ruzek, J. I. (2008). Helpful thinking. Louisiana Spirit VTEL training, Palo Alto, California, March, 2008.
- Ruzek, J. I. (2008). Problem-solving. Louisiana Spirit VTEL training, Palo Alto, California, January, 2008.
- Ruzek, J. I.. (2007). Skills for Psychological Recovery: Problem-solving. Louisiana Spirit VTEL training, Palo Alto, California, November, 2007.
- Ruzek, J. I. (2007). PTSD. AMSUS Battlefield Injuries and Illnesses of the OIF/OEF Warrior Conference, Salt Lake City, Utah, November, 2007.
- Watson, P., Brymer, M., Ruzek, J. I., Steinberg, A., Vernberg, E., & Layne, C. (2007). Psychological First Aid and Skills for Psychological Recovery. International Society for Traumatic Stress Studies, Baltimore, Maryland, November, 2007.
- Ruzek, J. I., Eftekhari, A., Foa, E., Hembree, E., Schnurr, P. P. & Friedman, M. J. (2007). Dissemination of Prolonged Exposure treatment in the Veterans Healthcare Administration: Prospects and challenges. International Society for Traumatic Stress Studies, Baltimore, Maryland, November, 2007.
- Alvarez, J., Drescher, K., Rosen, C., Loew, D., Ruzek, J. I., & Kimerling, R. (2007). Evaluating Cognitive Processing Therapy in a male veterans PTSD Residential Rehabilitation Program. International Society for Traumatic Stress Studies, Baltimore, Maryland, November, 2007.

- Tuma, F., Ruzek, J. I., Southwick, S., Whealin, J., & Heinssen, R. (2007). Prevention of trauma related adjustment disorders in high trauma exposure occupational groups. International Society for Traumatic Stress Studies, Baltimore, Maryland, November, 2007.
- Bousquet Des Groseilliers, I., Cordova, M., Ruzek, J. I., Marchand, A., & Brunet, A. (2007). Two-year follow-up of a secondary prevention interventions for PTSD: A randomized-controlled trial. International Society for Traumatic Stress Studies, Baltimore, Maryland, November, 2007.
- Kuhn, et al. (2007). Journey to Trauma Recovery: A self-help web site for posttraumatic stress reactions. International Society for Traumatic Stress Studies, Baltimore, Maryland, November, 2007.
- Lucas, E., Frayne, S., Lee, T., Ruzek, J. I., & Weitlauf, J. (2007). The VA military sexual assault screen: Clinical implications for health care providers. International Society for Traumatic Stress Studies, Baltimore, Maryland, November, 2007.
- Ruzek, J. I. (2007). Creating online programs for active duty military and veterans. International Society for Traumatic Stress Studies, Baltimore, Maryland, November, 2007.
- Ruzek, J. I. (2007). PTSD treatment: What is and what may be. American Psychological Association, San Francisco, California, August, 2007.
- Ruzek, J. I. (2007). Meeting the needs of returning veterans: Dissemination of evidence-based PTSD treatment. American Psychological Association, San Francisco, California, August, 2007.
- Ruzek, J. I. (2007). Can we strengthen crisis counseling services? Presented via VTEL to Louisiana Spirit specialized crisis counselors, May, 2007, Louisiana.
- Ruzek, J. I. (2007). Life skills management: How to do skills training with veterans suffering with PTSD. VA Canada VTEL training, March, 2007, Montreal, Canada.
- Ruzek, J. I. & Gahm, G. (2007). Online PTSD treatment. Presented to Department of Defense Task Force on Mental Health, January 22, Tacoma, Washington.
- Weitlauf, J.C., Frayne, S., Finney, J., Ruzek, J., & Lee, T. (2007). Gynecological Care in Women Veterans with Assault Related PTSD. Poster presented at the National Conference on Health and Domestic Violence. March, 2007, San Francisco, CA.
- Ruzek, J. I. (2006). Early intervention with trauma survivors. 18th Annual Paul McReynolds Lecture, University of Nevada, Reno, Reno, Nevada, October 2006.
- Ruzek, J. I. (2006). Identification and treatment of PTSD and substance abuse among war veterans. Latino Behavioral Health Institute plenary presentation, Universal City, California, September 2006.
- Weitlauf, JC, Frayne, S, Finney, J., Ruzek, J, & Lee, T. (2006). Psychological reactions to gynecological examinations among women veterans with a history of sexual trauma. Annual Convention of the Bay Area Clinical Research Symposium, San Francisco, CA.
- Weitlauf, J.C., Frayne, S., Finney, J., Ruzek, J., & Lee, T. (2006). Does history of sexual trauma predict women veterans' experience of pain and emotional distress during preventive gynecological examinations? Implications for women's health care within VA. 14th Annual Poster Session of the Association of Medical Service Corps Officers of the Navy (AMSCON), held at the convention of the Association of Military Surgeons of the United States (AMSUS), The Society of Federal Health Agencies.
- Ruzek, J. I. Evidence-based methods for screening, Evidence base for initial psychological treatment of ASD and prevention of PTSD, Evidence-base for Psychological treatment of PTSD. American Burn Association Postgraduate Course A: Diagnosis and management of ASD and PTSD. American Burn Association, Las Vegas, NV, April 2006.

- Ruzek, J. I. Exposure therapy: Prolonged *in vivo* and imaginal exposure: What they are, how they work, and how to do them. American Burn Association Postgraduate Course A: Diagnosis and management of ASD and PTSD. American Burn Association, Las Vegas, NV, April 2006.
- Ruzek, J. I. Cognitive therapy: How cognitions exacerbate and maintain stress disorders: How to change them. American Burn Association Postgraduate Course A: Diagnosis and management of ASD and PTSD. American Burn Association, Las Vegas, NV, April 2006.
- Ruzek, J. I. Using social support to support recovery after Hurricane Katrina. After the Storms: Employees' Guide to Managing Stress, videotaped VA Knowledge Network and Content Delivery Network presentation, Palo Alto, CA, March 2006.
- Ruzek, J. I. Virtual Innovation Partnership: Overview of a dissemination system. International Society for Traumatic Stress Studies Annual Meeting, Toronto Canada, November 2005.
- Ruzek, J. I. Developing Skills in Trauma Response: What you need to know to help people following mass trauma. Palo Alto Reserve Corps and VAPAHCS Psychology Service Conference, Palo Alto, CA, November 2005.
- Ruzek, J. I. Iraq War clinician guide. National MIRECC Conference: Risk, Rehabilitation and Recovery: Treating Mental Illness in the VA., New Orleans, LA, June 2005.
- Ruzek, J. I. Treatment implications for OIF/OEF veterans and their families based on early research findings. Readjustment Counseling Service Western Region Annual Counselor and Team Leader Training, Reno NV, September 2005.
- Ruzek, J. I. Evidence-based care for rape-related PTSD. San Jose Rape Crisis Center, San Jose, CA, September 2005.
- Ruzek, J. I. Psychological First Aid. Effective Response to Trauma, Athens, OH, August 2005.
- Ruzek, J. I. Early Intervention After Disaster and Terrorist Attack. Effective Response to Trauma, Athens, OH, August 2005.
- Ruzek, J. I. Changing veterans, changing needs. The Changing VA Population: Addressing the Needs of New Generation of Veterans, VAPAHCS Psychology Service Conference, Palo Alto, CA, July 2005.
- Ruzek, J. I. Psychological first aid. KARA Grief organization, Palo Alto, CA, June 2005.
- Ruzek, J. I. Iraq War clinician guide. The Veteran and New Wars: Differences, Changes, Expectations: National MIRECC Conference, New Orleans, LA, June 2005.
- Ruzek, J. I. Treating OIF-OEF Returnees. VISN 21 Social Work Conference, Palo Alto, CA, May 2005.
- Ruzek, J. I. CBT treatment in group for combat PTSD. Camp Pendleton Training., Camp Pendleton, CA, May 2005.
- Ruzek, J. I. Cognitive processing therapy for PTSD. Travis Air Force Base Training., Travis Air Force Base, CA, March 2005.
- Ruzek, J. I. Treatment of returning OIF/OEF veterans. Eighth Annual VA Psychology Leadership Conference, Dallas-Ft. Worth, TX, May 2005.
- Ruzek, J. I. Early intervention after disaster and terrorist attack. California Disaster Mental Health Coalition, San Jose, CA, January 2005.
- Ruzek, J. I. Early Intervention Clinic. Palo Alto Citizen Corps, Palo Alto, CA, January 2005.
- Ruzek, J. I. PTSD and its effects on work performance. Vocational Rehabilitation Service National Videobroadcast, Palo Alto, CA, November 2004.

- Ruzek, J. I., Walser, R. D., Drescher, K. D., Riney, S. J., Gregg, J., & Rosen, C. Web-based relapse prevention following treatment for chronic PTSD. Care Coordination and Telehealth Leadership Forum, Salt Lake City, UT, April 2005.
- Watson, P. J., & Ruzek, J. I. Psychological first aid. VA national audio broadcast., Palo Alto, CA, September 2005.
- Whalen, R., Ruzek, J. I., & Weitlauf, J. Prevention of PTSD. USSW: Department of Defense, Public Health Service, Department of Veterans Affairs Social Work Conference 2004: Excellent Practice in Evolving Environments., Arlington, VA, 2004.
- Carlson, E., Ruzek, J. I., Field, N., & Spain, D. Pilot study findings on ecological proximal assessment. International Society of Traumatic Stress 20th Annual Convention, New Orleans, LA, November, 2004.
- Cordova, M. J., Walser, R. D., Neff, J., & Ruzek, J. I. Predictors of Emotional Adjustment Following Traumatic Injury: Personal, Social, and Material Resources. International Society of Traumatic Stress Studies, New Orleans, LA, November 2004.
- Weitlauf, J., Ruzek, J. I., Westrup, D., Keller, J., Lee, T., & David, W. Self-defense training as a therapeutic tool for women with PTSD. 38th Annual Convention of Association for Advancement of Behavior Therapy, New Orleans, LA, November 2004.
- Weitlauf, J., Westrup, D., Frayne, S., Lee, T., Ruzek, J. I., & Keller, J. MST and avoidance of gynecological health care among female veterans. International Society of Traumatic Stress 20th Annual Convention, New Orleans, LA, November, 2004.
- Whealin, J. M., & Ruzek, J. Psychological preparation for work-related trauma: A cognitive behavioral model. International Society of Traumatic Stress 20th Annual Convention, New Orleans, LA, November, 2004.
- Zatzick, D., Bryant, R., Foa, E., Litz, B., Pitman, R., Ruzek, J., & Shalev, A. Early intervention special interest group panel discussion. International Society for Traumatic Stress Studies, New Orleans, LA, November 2004.
- Ruzek, J. I. (2005). Iraq War clinician guide. National MIRECC 2005 Conference: Risk, Rehabilitation, and Recovery: Treating Mental Illness in the VA. New Orleans, Louisiana.
- Ruzek, J. I., Young, B. H., Watson, P. J., Prins, A., Cordova, M. J., and Brunet, A. (2004). Preventing post-trauma problems: Strengthening natural recovery and community help. American Psychological Association, Honolulu, Hawaii.
- Ruzek, J. I., Walser, R. D., Drescher, K. D., Riney, S. J., Gregg, J., Filanosky, C., & Rosen, C. (2004). Web-based relapse prevention following treatment for chronic PTSD. American Psychological Association, Honolulu, Hawaii.
- Ruzek, J. I. (2004). Trauma-focused group treatment for PTSD. Readjustment Counseling Service: Pacific Western Region 4B Counselor Training, Reno, Nevada.
- Resick, P., Monson, C., & Ruzek, J. I. (2004). Cognitive processing therapy. 3<sup>rd</sup> Infantry Division mental health staff training, Fort Stewart, Georgia.
- Whalen, R., Ruzek, J. I., and Weitlauf, J. (2004). Prevention of PTSD. USSW: Department of Defense, Public Health Service, Department of Veterans Affairs Social Work Conference 2004: Excellent Practice in Evolving Environments. Arlington, Virginia.
- Ruzek, J. I. (2004). VA-DOD Clinical Practice Guideline: From COSR to PTSD. Operational Problems in the Behavioral Sciences: Wilford Hall Medical Center Distinguished Professor Series 2003-2004, San Antonio, Texas.
- Ruzek, J. I. (2003). Integrating PTSD and substance abuse care. PTSD and Substance Abuse: Clinical and Research Updates conference, VA Palo Alto Health Care System, Palo Alto, California.

- Weitlauf, J., Ruzek, J. I., Westrup, D., Keller, J., & David, W. (2003). The Women's Self-Defense Project: Preliminary findings. Annual Meeting of the International Society for Traumatic Stress Studies, Chicago, Illinois.
- Carlson, E., Ruzek, J. I., Field., N., & Spain, D. (2003). A new method for assessing acute responses in ER patients and families. Annual Meeting of the International Society for Traumatic Stress Studies, Chicago, Illinois.
- Walser, R. D., Cook, J. A., Ruzek, J. I., & Sheikh, J. I. (2003). Older women and trauma: Investigation of late life functioning. International Society of Traumatic Stress Studies, Chicago, Illinois.
- Ruzek, J. I. (2003). Models of early intervention following trauma. 8th European Conference on Traumatic Stress, Berlin, Germany.
- Orner, R., Pilgrim, H., Ruzek, J. I., Schnyder, U., & Weisaeth, L. (2003). Provider consultation about promoting evidence based early intervention services following trauma. 8th European Conference on Traumatic Stress, Berlin, Germany.
- Ruzek, J. I. (2003). Preventing mental health problems following disaster: 9-11 and beyond. National MIRECC Conference, Portland, Oregon.
- Ruzek, J. I. (2003). Stress management for families of Iraq War personnel. Meeting of Blue Star Moms, Danville, California.
- Ruzek, J. I. (2003). Preventing mental health problems following disaster: 9-11 and beyond. St. Anne's Centre Conference: Psychological Trauma and Operational Stress, Montreal, Canada.
- Ruzek, J. I. (2003). State of the art in the treatment of trauma. Trauma in the Community conference, Philadelphia, Pennsylvania.
- Ruzek, J. I. (2003). Early intervention in the context of combat stress control. Combat Stress Control team training, Palo Alto, California.
- Ruzek, J. I. (2003). Early intervention following disaster. Santa Cruz County Red Cross, Santa Cruz, California.
- Ruzek, J. I. (2002). Bringing cognitive-behavioral psychology to bear on the care of survivors of terrorist attack. Association for the Advancement of Behavior Therapy, Reno, Nevada.
- Batten, S. V., Cloitre, M., Hembree, E. A., Orsillo, S. M., & Ruzek, J. I. (2002). Next-step treatments for PTSD: What should we do with nonresponders, comorbid conditions, and complicating factors? Association for the Advancement of Behavior Therapy, Reno, Nevada.
- Carvalho, K. J., Walser, R. D., & Ruzek, J. I. (2002). Treatment of PTSD and substance abuse: Use of the Seeking Safety protocol with male veterans. Association for the Advancement of Behavior Therapy, Reno, Nevada.
- Mithal, A. R., Stone, E. A., Walser, R. D., & Ruzek, J. I. (2002). Seeking Safety: Adaptation of a PTSD and substance abuse intervention for women in an inpatient environment. Association for the Advancement of Behavior Therapy, Reno, Nevada.
- Walser, R. D. & Ruzek, J. I. (2002). Manual-based interventions: Challenges for moving research to practice. Association for the Advancement of Behavior Therapy, Reno, Nevada.
- Ruzek, J. I. (2002). Models of early intervention following trauma. Annual Meeting of the International Society for Traumatic Stress Studies, Baltimore, Maryland.
- Ruzek, J. I. (2002). Improving debriefing. Annual Meeting of the International Society for Traumatic Stress Studies, Baltimore, Maryland.
- Ruzek, J. I., Bisson, J., Kassam-Adams, N., Shalev, A., Orner, R., & Watson, P. (2002). Early intervention to prevent development of PTSD. Annual Meeting of the International Society for Traumatic Stress Studies, Baltimore, Maryland.

- Ruzek, J. I., Pitman, R., Shea, M. T., Najavits, L., & Kudler, H. (2002). New perspectives on veterans with complex trauma. Annual Meeting of the International Society for Traumatic Stress Studies, Baltimore, Maryland.
- Ruzek, J. I. (2002). State of the art in the treatment of trauma. Presented at Trauma in the Community Conference, Philadelphia, Pennsylvania (October).
- Ruzek, J. I. (2002). PTSD and substance abuse: Treatment and diagnostic issues. Presented at PTSD: Present and Future Tense-Current Issues and Innovations for a Multidimensional Disorder (Conference), Portland, Oregon.
- Ruzek, J. I. & Papperman, T. (2002). September 11, 2001: Reflections and lessons learned one year after. Presented at PTSD: Present and Future Tense-Current Issues and Innovations for a Multidimensional Disorder (Conference), Portland, Oregon.
- Ruzek, J.I. (2002). Early intervention: Debriefing and alternatives. Mental Health Response to a Critical Event: Psychological First Aid and Early Intervention, Atlanta, Georgia.
- Ruzek, J. I., Gusman, F. D., & Loew, D. (2002). Assessment and treatment of military trauma. Presented to Albuquerque VA Mental Health Services, Albuquerque, New Mexico.
- Ruzek, J. I., Loew, D., & Carlson, E. B. (2002). Assessment of veterans for PTSD treatment. Presented to Albuquerque VA Mental Health Services, Albuquerque, New Mexico.
- Prins, A., Ruzek, J., Flemming, T., Carter, M.B., Buck, K., & Esparza, D. (2001). Development of an empirically-supported counseling manual for community-based rape crisis counselors. Annual Meeting of the International Society for Traumatic Stress Studies, New Orleans, Louisiana.
- Ruzek, J. I., Marshall, R., & Carlson, E. B. (2001). Trauma reactions to crisis: Assessment and referral. Presented at Project Liberty workshop on "Supporting the healing process: Effective interventions, assessment and referral," New York, New York.
- Ruzek, J. I. (2001). Early intervention to prevent development of PTSD: Visions of the next generation of services. Annual Meeting of the International Society of Traumatic Stress Studies, New Orleans, Louisiana.
- Ruzek, J. I. (2001). Early intervention to prevent development of PTSD. Annual Meeting of the International Society of Traumatic Stress Studies, New Orleans, Louisiana.
- Ruzek, J. I. (2001). Supporting workers at the Pentagon Family Assistance Center after September 11, 2001. Annual Meeting of the International Society of Traumatic Stress Studies, New Orleans, Louisiana.
- Ruzek, J. I. (2001). Prevention of psychological and moral injury in military service, Part II: Preventing psychological problems in veterans. Annual Meeting of the International Society of Traumatic Stress Studies, New Orleans, Louisiana.
- Dorian, E.H., Sherker, J. L., Foy, D. W., Ruzek, J. I., Drescher, K. D., & Huss, M. T. (2001). Firearm collection and use among PTSD combat veterans. Annual Meeting of the International Society of Traumatic Stress Studies, New Orleans, Louisiana.
- Carlson, E.B., Burling, T., Ruzek, J., & Sullivan, B. (2001). Traumatic stressor exposure and posttraumatic symptoms in homeless veterans. Annual Meeting of the International Society of Traumatic Stress Studies, New Orleans, Louisiana.
- Cook, J.M., Ruzek, J., & Sheikh, J.I., Cassidy, E.L., & Ram, G.D., (2001). The prevalence of traumatic exposure and post-traumatic stress in older nursing home veterans. Annual Meeting of the International Society of Traumatic Stress Studies, New Orleans, Louisiana.

- Prins, A., Ruzek, J. I., Flemming, T., Buck, K., & Esparza, D. (2001). Development of a follow-up counseling manual for sexual assault survivors. Annual Meeting of the International Society of Traumatic Stress Studies, New Orleans, Louisiana.
- Ruzek, J. I. (2001). Toward a strategy to integrate PTSD science and practice. Presented at symposium on "Bringing science into practice at the National Center for PTSD" at American Psychological Association Annual Conference, San Francisco, California.
- Ruzek, J. I. (2001). Clinical demonstration projects in PTSD. Presented at symposium on "Mental illness research clinical centers: Bridging the scientist-practitioner gap" at American Psychological Association Annual Conference, San Francisco, California.
- Ruzek, J. I. (2001). The relationship between PTSD and substance abuse. Presented at Cognitive-Behavioral Therapy for PTSD and Substance Abuse: A Training in the Seeking Safety Manual. VA Palo Alto Health Care System, Palo Alto, California.
- Ruzek, J. I. & Walser, R. (2001). I was just crossing the intersection: Impact of post-traumatic stress. Fourteenth Annual Trauma Symposium, Stanford University, Palo Alto, California.
- Cook, J. & Ruzek, J. I. (2001). What every primary care provider needs to know about PTSD and the older veteran. Presented at "The Impact of Mental Health on Medical Illness in the Primary Care Setting and the Aging Veteran" Conference, New York, New York.
- Cook, J. & Ruzek, J. I. (2001). The interaction of PTSD and dementia: Challenges in research and clinical practice. Third Annual Updates on Dementia Conference: Translating Research into Practice. Stanford University, Palo Alto, California.
- Young, B. H. & Ruzek, J. I. (2001). Review of disaster and community violence mental health training materials: Process, findings, recommendations, and questions. Center for Mental Health Services National Crisis Response Technical Assistance Project 1st Year, Mid-Program Focus Group Meeting, Washington, D.C.
- Ruzek, J. I. & Watson, P. J. (2001). Thinking about services for workplace violence survivors. Presented at meeting of Veterans Administration Workplace Violence Prevention National Task Force, VA Central Office, Washington, D.C.
- Weerts, J., Hopman, B., Creamer, M., Passey, G., Ruzek, J. I. & Johnson, D. R. (2000). New veterans, new methods for prevention and assistance? Panel discussion at annual meeting of International Society for Traumatic Stress Studies, San Antonio, Texas.
- Benoit, M., Carlson, E., & Ruzek, J. I. (2000). Effects of psychoeducation on knowledge and attitudes about PTSD. Poster presented at annual meeting of International Society for Traumatic Stress Studies, San Antonio, Texas.
- Ruzek, J. I. (2000). Cognitively-oriented therapies for physically or sexually abused women. Discussant on symposium presented at annual meeting of International Society for Traumatic Stress Studies, San Antonio, Texas.
- Ruzek, J. I. (2000). PTSD Update: Thinking about PTSD and Substance Abuse. Presented at Addiction Services training, VA Palo Alto Health Care System, Palo Alto, California.
- Ruzek, J. I. (2000). Overview of acute stress reactions and PTSD/The discriminate use of debriefing and other early interventions. Presented at Disaster Mental Health Training, San Benito County Mental Health Services, Hollister, California.
- Ruzek, J. I. (2000). Overview of acute stress and PTSD. Presented at Disaster Mental Health Training: Emergency and Early Interventions conference, Palo Alto, California.
- Ruzek, J. I. (2000). Current developments in early intervention. Presented at Disaster Mental Health Training: Emergency and Early Interventions conference, Palo Alto, California.

- Ruzek, J. I. (2000). Cognitive-behavioral therapies for trauma. Presented at Assessment and Treatment of Acute and Chronic Traumatic Stress Disorders conference, New Orleans, Louisiana.
- Ruzek, J. I. (2000). Development of a new intervention to improve gun safety behaviors in veterans with chronic combatrelated PTSD. NorthEast Program Evaluation Center Specialized PTSD Program telephone training, Palo Alto, California.
- Ruzek, J. I. (2000). Cognitive-behavioral treatments for PTSD and acute stress reactions. V-tel presentation for Colombian Army psychologists, Palo Alto, California.
- Gusman, F. D. & Ruzek, J. I. (2000). Towards web-based education and support for PTSD care providers and their families. Poster presented at Veterans Health Administration Consensus Congress, Las Vegas, Nevada.
- Young, B. H., Gusman, F. D. & Ruzek, J. I. (2000). Towards improvement in VA disaster mental health response. Poster presented at Veterans Health Administration Consensus Congress, Las Vegas, Nevada.
- Ruzek, J. I. (2000). PTSD and relapse prevention. Presentation for Las Vegas and Chico Vet Centers, Palo Alto, California.
- Ruzek, J. I. (2000). Treatment of PTSD. Presentation at Yountville Veterans Home, Napa, California.
- Ruzek, J. I. (2000). Post-traumatic stress disorder. Staff inservice, Satellite Dialysis Centers, Inc., San Jose, California.
- Ruzek, J. I. (2000). Role of cognitive change in trauma work. NorthEast Program Evaluation Center Specialized PTSD Program telephone training, Palo Alto, California.
- Ruzek, J. I. & Cordova, M. (1999). Prevention of negative emotional consequences of traumatic injury. Division of Trauma/Critical Care Teaching Conference, Stanford University Medical Center, Palo Alto, California.
- Ruzek, J. I. & Zatzick, D. (1999). Ethical considerations in research with acutely injured trauma survivors: An empirical investigation. Paper presented at annual meeting of International Society for Traumatic Stress Studies, Miami, Florida.
- Ruzek, J. I. (1999). PTSD and substance use disorder comorbidity. Symposium discussant at annual meeting of International Society for Traumatic Stress Studies, Miami, Florida.
- Ruzek, J. I. (1999). PTSD in primary care: Key issues. The Primary Care/Behavioral Healthcare Summit, San Francisco, California.
- Ruzek, J. I. (1999). Cumulative impact of traumatic stress on caregivers. Paper presented at Effect of Social Interventions on Health Outcomes conference, Center for Education, UCSF Stanford Health Care, Palo Alto, California.
- Ruzek, J. I. (1999). Traumatic stress and PTSD in medical settings. Acute Care Nurse Practitioner course, University of California San Francisco, San Francisco, California.
- Ruzek, J. I. (1999). PTSD and nursing. University of California San Francisco Department of Nursing, San Francisco, California.
- Ruzek, J. I. & Cordova, M. (1999). A brief intervention to promote emotional disclosure following illness and injury. Acute Care Nurse Practitioner course, University of California San Francisco, San Francisco, California.
- Gusman, F.D. & Ruzek, J. I. (1999). Assessment and treatment of PTSD in male and female veterans. Workshop for VA Fort Meade, South Dakota.
- Gusman, F. D. & Ruzek, J. I. (1999). Stress, trauma, and PTSD. Training for VA Branch Staff of the Office of the Inspector General, Denver, Colorado.
- Young, B. H. & Ruzek, J. I. (1999). Delivering disaster mental health services. SMART Emergency Response Unit, Madigan Army Medical Center, Ft. Lewis, Washington.

- Ruzek, J. I. (1999). Chronic PTSD in veterans and non-veterans. Training for Homeless Shelter Workers, Ujarani Family Resource Center, San Jose, California.
- Ruzek, J. I. (1999). Dual diagnosis: PTSD and substance abuse. San Jose Police Department Critical Incident Training, San Jose, California.
- Ruzek, J. I. (1999). Management of acute response to air crash disaster. United Airlines Mechanics Union Annual Meeting, Los Altos, California.
- Ruzek, J. I. (1999). PTSD and prisoners of war. Annual Recognition Day, VA Palo Alto Health Care System, Palo Alto, California.
- Ruzek, J. I. (1999). Substance abuse and PTSD in combat veterans. VTEL training for VA Hawaii psychology interns, Palo Alto, California.
- Ruzek, J. I. (1999). The combat veteran experience. Psychology Intern Orientation, VA Palo Alto Health Care System, Palo Alto, California.
- Ruzek, J. I. & Zatzick, D. (1998). Immediate responses to research participation of hospitalized survivors of traumatic injury. Paper presented at annual meeting of International Society for Traumatic Stress Studies, Washington, D.C.
- Bollinger, A., Blake, D., Ruzek, J., & Greene, R. (1998). Operating characteristics of MMPI-2 personality disorder scales in veterans with PTSD. Poster presented at annual meeting of International Society for Traumatic Stress Studies, Washington, D.C.
- Ruzek, J. I. (1998). Cognitive-behavioral approaches to the treatment of complex PTSD. Paper presented at annual meeting of American Psychological Association, San Francisco, California.
- Ruzek, J. I. (1997). The future of psychological services in medical trauma care. Paper presented at annual meeting of International Society for Traumatic Stress Studies, Montreal, Canada.
- Zatzick, D., Shrinivasa, S., Kurasaki, K., Kim, S. Y., Wisner, D., Sue, S., & Ruzek, J. I. (1997). The use of trauma surgery registry data to investigate rates of psychiatric disturbance in ethnically diverse urban trauma victims. Paper presented at annual meeting of International Society for Traumatic Stress Studies, Montreal, Canada.
- Ruzek, J. I., Ford, J. D., Diefenbach, P., & Craig, T. J. (1997). Educational-systems intervention to promote PTSD screening in primary care: Design of intervention and critical issues. Paper presented at annual meeting of International Society for Traumatic Stress Studies, Montreal, Canada.
- Ford, J. D., Ruzek, J. I., & Diefenbach, P. (1997). Promoting primary care provider acceptance of preventive PTSD screening. Paper presented at annual meeting of International Society for Traumatic Stress Studies, Montreal, Canada.
- Foy, D., Ruzek, J. I., Glynn, S., Riney, S.J., & Gusman, F. D. (1997). Considerations for use of trauma focus group therapy. Paper presented at annual meeting of International Society for Traumatic Stress Studies, Montreal, Canada.
- Murphy, R. T., Cameron, R. P., & Ruzek, J. I. (1997). Motivating veterans to change PTSD-related behaviors: A stage of change group treatment. Paper presented at annual meeting of International Society for Traumatic Stress Studies, Montreal, Canada.
- Bollinger, A. R., Blake, D. D., Ruzek, J. I., Greene, R. L., & Gusman, F. (1997). Personality disorders in Vietnam combat veterans with post-traumatic stress disorder: Diagnostic issues, strategies and recommendations. Poster presented at annual meeting of Association for Advancement of Behavior Therapy, Miami, Florida.
- Ruzek, J. I. (1997). PTSD treatment options and provider self-care. Lecture presented University of California San Francisco Chaplaincy Service.

- Abueg, F. R. & Ruzek, J. I. (1997). EMDR: Clinical practice and empirical research. Lecture presented to San Mateo County Mental Health, San Mateo, CA.
- Ruzek, J. I. (1997). Cognitive-behavior therapy for PTSD. Lecture presented to Stanford Child Psychiatry trainees, Stanford University, CA.
- Ruzek, J. I., Foy, D. W., Riney, S. J., Murphy, R. T., & Gusman, F. D. (1996). Manualization of trauma focus group exposure therapy for combat-related PTSD. Paper presented at International Society for Traumatic Stress Studies, San Francisco, California.
- Drescher, K. D., Riney, S. J., & Ruzek, J. I. (1996). Impact of inpatient trauma focus group treatment as a PTSD treatment. Paper presented at International Society for Traumatic Stress Studies, San Francisco, California.
- Ruzek, J. I., Ford, J., & Niles, B. (1996). PTSD and chronic medical illness in the primary healthcare setting. Paper presented at International Society for Traumatic Stress Studies, San Francisco, California.
- Ruzek, J. I. (1996). PTSD risk factors and preventive measures. Presented at conference on Trauma Recovery in the Acutely Injured, Sonoma, California.
- Woodward, S. H., Drescher, K. D., Murphy, R. T., Arsenault, N. J., & Ruzek, J. I. (1996). Heart rate measured during trauma focus group treatment. Paper presented at International Society for Traumatic Stress Studies, San Francisco, California.
- Kubany, E. S., Owens, J. A., & Ruzek, J. I. (1996). Cognitive therapy for trauma-related guilt. Pre-meeting institute presented at International Society for Traumatic Stress Studies, San Francisco, California.
- Ruzek, J. I. (1996). Relapse Prevention: Assessment methods and treatment procedures. Invited Master Series workshop, Family Services Association of Santa Cruz/University of California at Santa Cruz Department of Psychology, Santa Cruz, California.
- Ruzek, J. I. & Abueg, F. R. (1996). Trauma and stress management. Presented to staff of Western Blind Rehabilitation, VA Palo Alto Health Care System, Palo Alto, California.
- Ruzek, J. I. (1996). Cognitive-behavior therapy for PTSD. Lecture presented to Stanford Child Psychiatry trainees, Stanford University, CA.
- Ruzek, J. I. & Prins, A. (1996). Dissociation among sexual assault survivors. Presented to staff of Rape Crisis Centers of Marin County, CA.
- Ruzek, J. I., Abueg, F. R., & Gusman, F. (1996). How to avoid excessive stress in the workplace. Presented at VA Palo Alto Health Care System, Palo Alto, California.
- Bollinger, A. R., Blake, D. D., Ruzek, J. I., & Gusman, F. (1995). Assessment of personality disorders in Vietnam combat veterans with PTSD. Poster presented at ISTSS, Boston, Massachusetts.
- Young, B. H., Ford, J. D., & Ruzek, J. I. (1995). 1995 Emergency Medical Response Team Training. Presentations sponsored by VA Birmingham RMEC and VA Emergency Management Preparedness Office. Biloxi, Mississippi.
- Ruzek, J. & Murphy, R.T. (1994). Implications of combat-related PTSD and concurrent OCD: Theoretical considerations. Paper presented at International Society for Traumatic Stress Studies, Chicago, Illinois.
- Abueg, F. R., Fairbank, J. A., Drescher, K. D., Ruzek, J. I., & Gusman, F. D. (1994). A randomized clinical trial examining relapse prevention training in PTSD-alcoholism. Paper presented at International Society for Traumatic Stress Studies, Chicago, Illinois.

- Follette, V. M., Abueg, F., Dancu, C., Resick, P., Ruzek, J., & Wolfe, J. (1994). Treating traumatized clients: What happens in the therapist-client relationship. Panel discussion presented at Association for the Advancement of Behavior Therapy, San Diego, California.
- Ruzek, J. (1993). The role of meaning in cognitive therapy for PTSD. Paper presented at ISTSS, San Antonio, Texas.
- Ruzek, J. I. (1993). The role of cognitions in the emotional processing of traumatic events. Paper presented at Association for the Advancement of Behavior Therapy, Boston.
- Abueg, F. R., Murphy, R., Ruzek, J., & Drescher, K. (1993). Relapse Prevention. Workshop presented at Antonio, Texas.
- Murphy, R., Abueg, F. R., Blake, D., Gusman, F., Hankin, C., & Ruzek, J. (1993). Modification of the inventory of drinking situations for assessing alcohol use in response to PTSD symptoms. Poster presented at ISTSS, San Antonio, Texas.
- Abueg, F. R., Sullivan, N., Aboudarham, J., Drescher, K. D., & Ruzek, J. I. (1993). Assessment of the context of dissociation: Development of the FADE (Functional Analysis of Dissociative Events). Poster presented at Association for the Advancement of Behavior Therapy, Boston, 1993.
- Murphy, R. T., Blake, D., Ruzek, J., Henkin, C., Abueg, F., & Gusman, F. (1993). Assessing alcohol use in response to PTSD symptoms: the IDS-CAPS. Poster presented at Association for the Advancement of Behavior Therapy, Boston, 1993.
- Abueg, F. R., Drescher, K. D., Fairbank, J. A., Penk, W., Ruzek, J. I., Lang, A. J., Murphy, R., & Gusman, F. D. (1993). Preventing alcohol relapse in Vietnam veterans with posttraumatic stress disorder (PTSD)". Poster presented at National Foundation for Brain Research Symposium: The Future of VA Mental Health Research, Washington, D. C., 1993.
- Ruzek, J. (1989). Articulated thoughts in imagined alcohol situations. Poster presented at Association for the Advancement of Behavior Therapy, Washington, D.C.
- Ruzek, J. (1989). Cognitive assessment of problem drinkers. Poster presented at World Congress on Cognitive Therapy, Oxford, England.
- Ruzek, J. (1989). Articulated thoughts in imagined alcohol situations. Unpublished doctoral dissertation, State University of New York at Stony Brook.
- Barrison, I. G. & Ruzek, J. (1987). Drinkwatchers: A way forward? <u>Alcoholism: The Quarterly Newsletter for General Practice</u>.
- Ruzek, J. (1987). Cognitive models of alcohol misuse. Paper presented at New Directions in the Study of Alcohol Group conference, Exeter, England.
- Ruzek, J. (1986). Identification and counselling of problem drinkers in the workplace. Paper presented at Alcohol and Drug Abuse in Industry conference, London, England.
- Ruzek, J. (1986). Identifying and helping problem drinkers in the workplace. Occupational Health.
- Ruzek, J. & Carr, A. C. (1986). "Safedrink" Computer Programme, Mental Health Foundation.
- Ruzek, J. (1986). Making alcohol use "user-friendly". Computer News.
- Ruzek, J. (1984). Towards an integration of behaviour therapy and self-help groups: The Drinkwatchers project. Paper presented at the Fourth International Conference on Alcohol-related Problems, Liverpool, England.