# Curriculum Vitae Colin T. Mahoney, PhD

1420 Austin Bluffs Pkwy, Colorado Springs, CO 80918 cmahoney@uccs.edu

#### PROFESSIONAL EXPERIENCE

August 2021 to Assistant Professor
Present Psychology Department

University of Colorado at Colorado Springs, Colorado Springs, CO

August 2020 to Assistant Professor
August 2021 Department of Psychology

Western New England University, Springfield, MA

September 2018 to August 2020 NIMH T32 Research Fellowship in Traumatic Stress Disorders

National Center for PTSD, Behavioral Science Division

VA Boston Healthcare System/Boston University School of Medicine

Boston, MA

Research Advisors: Brian P. Marx, Ph.D. & Katherine M. Iverson, Ph.D.

August 2018 Doctor of Philosophy, Clinical Psychology (APA-Accredited)

Idaho State University, Pocatello, ID

Dissertation: A laboratory examination of maladaptive coping for sexually

traumatized women

Research Advisor: Steven R. Lawyer, Ph.D.

July 2017 to Pre-Doctoral Psychology Internship (APA-Accredited)

June 2018 Geisinger Medical Center, Danville, PA

December 2014 Master of Arts, Clinical Psychology (APA-Accredited)

University of Colorado at Colorado Springs, Colorado Springs, CO

Thesis: Risk factors for anxiety-related pathology in younger and older adults: The roles of anxiety sensitivity, experiential avoidance, and mindfulness

Research Advisor: Daniel L. Segal, Ph.D.

May 2009 Bachelor of Arts, Magna Cum Laude, Psychology

University of Massachusetts, Amherst, MA

#### MAJOR MENTORING & CLINICAL SUPERVISION ACTIVITIES

June 2021 Kelly O'Donnel, Doctoral Student, MPWR Lab, University of Colorado to Present at Colorado Springs; trauma, PTSD, and substance use. Primary mentor on

research and publications.

January 2021 Nina Dell'Aera-Jachym, Research Assistant, MPWR Lab, Western New

to Present	England University; trauma, PTSD, and substance use. Primary mentor on research and publications.
January 2021 to Present	Rachel Thibodeau, Senior Honors Thesis Student, Western New England University; social media use and women's mental health. Secondary mentor on thesis study.
January 2021 to Present	Jaylin Enright, Senior Honors Thesis Student, Western New England University; parental substance use and childhood trauma. Secondary mentor on thesis study.
January 2021 to August 2021	Nicole Willey, Research Assistant, MPWR Lab, Western New England University; trauma, PTSD, and substance use. Primary mentor on research projects.
January 2021 to August 2021	Adianez Colombani, Research Assistant, MPWR Lab, Western New England University; trauma, PTSD, and substance use. Primary mentor on research projects.
January 2021 to August 2021	Alexandra Desrochers, Intern, MPWR Lab, Western New England University; trauma, PTSD, and substance use. Primary mentor on research projects.
September 2020 to August 2021	Victoria Cestodio, Research Assistant, MPWR Lab, Western New England University; trauma, PTSD, and substance use. Now a graduate student at Assumption University. Primary mentor on research and publications.
September 2020 to August 2021	Kaitlyn Marchant, Research Assistant, MPWR Lab, Western New England University; trauma, PTSD, and substance use. Now a law student at Pace University. Primary mentor on research and publications.
September 2020 to August 2021	Kara Porter, Research Assistant, MPWR Lab, Western New England University; trauma, PTSD, and substance use. Primary mentor on research and publications.
January 2020 to August 2020	Ilana Zweig, B.A., Research Technician, National Center for PTSD, Behavioral Science Division; trauma and PTSD. Secondary mentor on research and publications.
July 2019 to August 2020	Danielle Shayani, B.A., Research Technician, National Center for PTSD, Women's Health Sciences Division, Boston, MA; intimate partner violence and PTSD. Now a graduate student at the University of Delaware. Secondary mentor on research and publications.
September 2019	Elizabeth Spitzer, M.A., Predoctoral Intern, VA Boston Healthcare

to May 2020	System; clinical supervisee. Now a postdoctoral fellow in the Center for Healthcare Organization and Implementation Research (CHOIR), VA Boston Healthcare System.
December 2018 to September 2019	Hannah Cole, B.S., Research Technician, National Center for PTSD, Behavioral Science Division; violence against gender and sexual minorities and PTSD. Now a graduate student at the University of Memphis. Secondary mentor on research and publications.
January 2017 to June 2017	Julie Spencer, Ph.D., Graduate Student, Idaho State University, Department of Psychology; clinical supervisee. Now a staff psychologist at Iowa State University's Student Counseling Services.

#### PEER-REVIEWED PUBLICATIONS

- 1. Iverson, K. M., Danitz, S. B., Shayani, D. R., Vogt, D., Stirman, S. W., Hamilton, A. B., **Mahoney, C. T.,** Gerber, M. R., & Dichter, M. E. (in press). Recovering from IPV through strengths and empowerment (RISE): Findings from a randomized clinical trial. *The Journal of Clinical Psychiatry*.
- 2. Livingston, N. A., Farmer, S. L., **Mahoney, C. T.,** Marx, B. P., & Keane, T. M. (in press). Longitudinal course of mental health symptoms among veterans with and without cannabis use disorder. *Psychology of Addictive Behaviors*.
- 3. Livingston, N. A., Lee, D. J., **Mahoney, C. T.,** Farmer, S. L., Cole, T., Marx, B. P., & Keane, T. M. (2021). Longitudinal assessment of PTSD and illicit drug use among male and female OEF-OIF veterans. *Addictive Behaviors*. doi.org/10.1016/j.addbeh.2021.106870.
- 4. Livingston, N. A., Farmer, S., **Mahoney, C. T.,** Marx, B. P., & Keane, T. M. (2021). The role of PTSD symptom clusters and criterion in predicting future high-risk drug and alcohol use among returning veteran men and women. *Psychological Services*. doi.org/10.1037/ser0000538.
- 5. **Mahoney, C. T.,** Zweig, I. R.., Marx, B. P., & Keane, T. M. (2020). Cross-lagged effects of posttraumatic stress disorder symptom severity and cigarette smoking among OEF/OIF/OND veterans. *Depression and Anxiety*. doi.org/10.1002/da.23091.
- 6. **Mahoney, C. T.**, Moshier, S. J., Rosen, R. C., Keane, T. M., & Marx, B. P. (2020). Heightened risk of healthcare utilization and mental disorders among veterans with comorbid opioid use disorder and PTSD. *Addictive Behaviors*. doi.org/10.1016/j.addbeh.2020.106572.
- 7. **Mahoney, C. T.,** Shayani, D. R., & Iverson, K. M. (2020). Differential indirect effects of past-year intimate partner violence on the association between military sexual trauma and PTSD symptom clusters. *Traumatology*. doi.org/10.1037/trm0000242.

- 8. **Mahoney, C. T.,** Cole, H. E., Gilbar, O., & Taft, C. T. (2020). The role of impulsivity in the association between PTSD symptom severity and substance use in male military veterans. *Journal of Traumatic Stress*. doi.org/10.1002/jts.22508.
- 9. Livingston, N. A., **Mahoney, C. T.,** Ameral, V., Brief, D., Rubin, A., Enggasser, J., Litwack, S., Helmuth, E., Roy, M., Solhan, M., Rosenbloom, D., & Keane, T. M. (2020). Changes in alcohol use, PTSD hyperarousal symptoms, and intervention drop following veterans' use of VetChange. *Addictive Behaviors*. doi.org/10.1016/j.addbeh.2020.106401.
- 10. **Mahoney, C. T.,** Livingston, N. A., Wong, M. M., Rosen, R. C., Marx, B. P., & Keane, T. M. (2020). Parallel process modeling of PTSD symptoms and alcohol use severity in returning veterans. *Psychology of Addictive Behaviors*. doi.org/10.1037.adb0000569.
- 11. **Mahoney, C.T.,** & Iverson, K. M. (2020). The roles of alcohol use severity and PTSD symptoms as risk factors for women's intimate partner violence experiences. *Journal of Women's Health*. doi.org/10.1089/jwh.2019.7944.
- 12. **Mahoney, C. T.,** Lynch, S. M., & Benight, C. C. (2019). The indirect effect of coping self-efficacy on the relation between sexual violence and PTSD symptoms. *Journal of Interpersonal Violence*. doi.org/10.1177/0886260519881525.
- 13. **Mahoney, C. T.,** & Benight, C. C. (2019). The temporal relationship between coping self-efficacy and dissociation following trauma in undergraduate students. *Journal of Trauma & Dissociation*. doi.org/10.1080/15299732.2019.1597805.
- 14. Gorrell, S., Mahoney, C. T., Lent, M., Campbell, L. K., Still, C., & Wood, C. (2019). Interpersonal abuse and long-term outcomes following bariatric surgery. *Obesity Surgery*. doi.org/10.1007/s11695-018-03696-1.
- 15. DeCou, C. R., **Mahoney, C. T.**, Kaplan, S. P., & Lynch, S. M. (2019). Coping self-efficacy and trauma-related shame mediate the association between negative social reactions to sexual assault and PTSD symptoms. *Psychological Trauma: Theory, Research, Practice, & Policy*. doi.org/10.1037/tra0000379.
- 16. **Mahoney, C. T.,** & Lawyer, S. R. (2018). Domain-specific relationships in sexual measures of impulsive behavior. *Archives of Sexual Behavior*. doi.org/10.1007/s10508-018-1210-y.
- 17. Lawyer, S. R., & **Mahoney, C. T.** (2017). Delay discounting and probability discounting, but not response inhibition, are associated with sexual risk-taking in adults. *The Journal of Sex Research*. doi.org/10.1080/00224499.2017.1350627.
- 18. **Mahoney, C. T.,** & Lawyer, S. R. (2016). Delay and probability discounting among payday and title loan recipients. *Behavioural Processes*. doi.org/10.1016/j.beproc.2016.01.011.

19. **Mahoney, C. T.,** Segal, D. L., & Coolidge, F. L. (2015). Anxiety sensitivity, experiential avoidance, and mindfulness among younger and older adults: Age differences in risk factors for anxiety symptoms. *The International Journal of Aging and Human Development*. doi.org/10.1177/0091415015621309.

#### MANUSCRIPTS UNDER REVIEW

- 1. Harper, K. L., Moshier, S., Ellickson-Larew, S., Andersen, M. S., Wisco, B. E., **Mahoney, C. T.,** Keane, T. M., & Marx, B. P. (under review). Prospective examination of healthcare costs associated with PTSD diagnosis and symptom severity among veterans.
- 2. **Mahoney, C. T.,** Shayani, D. R., & Iverson, K. M. (under review). The impact of experiential avoidance and pain on the association between PTSD symptoms and insomnia among women with intimate partner violence experiences.
- 3. **Mahoney, C. T.**, Cestodio, V., Porter, K. J., & Marchant, K. M. (under review). The moderating roles of emotion regulation and coping self-efficacy on the association between PTSD symptom severity and drug use among female sexual assault survivors.
- 4. **Mahoney, C. T.,** Lawyer, S. R., Pemberton, S., & Marchant, K. M. (under review). A laboratory examination of risky sexual behavior for sexually traumatized women.

# **BOOK CHAPTERS**

- 1. Banducci, A. N., **Mahoney, C. T.,** & Street, A. E. (in press). Military Sexual Trauma. In C. H. Warner & C. Castro (Eds.), *Military and Veteran Mental Health*. Washington, DC: American Psychiatric Association.
- 2. **Mahoney, C. T.,** & Marx, B. P. (in press). Assessing PTSD-related functional impairment and quality of life. In J. G. Beck, & D. M. Sloan (Eds.), *The Oxford handbook of traumatic stress disorders* (2nd ed.). New York: Oxford University Press.
- 3. Holcomb, B. M., **Mahoney, C. T.,** & Lawyer, S. R. (2019). Impulsivity and sexual assault. In W. O'Donohue, C. Cummings, & P. Schewe (Eds.), *Handbook of sexual assault and sexual assault prevention*. New York: Springer.

# **GRANTS & RESEARCH FUNDING**

Clinical Research Fund Scholarship (\$2,000), January 2018, Geisinger Medical Center Clinical Research Fund Scholarship (\$2,000), September 2017, Geisinger Medical Center APF/COGDOP Graduate Research Scholarship (\$1,000), October 2016, American Psychological Foundation and the Council of Graduate Departments of Psychology

#### **CONFERENCE PRESENTATIONS**

- 1. **Mahoney, C. T.,** Cestodio, V., Porter, K. J., & Marchant, K. M. (under review). Reducing the risk of drug use for women with sexual assault-related PTSD symptoms. In C. T. Mahoney (Chair), *Gender-based violence: Perspectives on risk, resilience, and recovery.* Symposium presentation proposal submitted to the 37<sup>th</sup> annual meeting of the International Society for Traumatic Stress Studies (virtual).
- 2. Mahoney, C. T., Dell'Aera-Jachym, N., Willey, N., Porter, K. J., Colombani, A. M., Desrochers, A., Cestodio, V., Marchant, K. M., & Galano, M. M. (under review). The indirect effect of PTSD symptom severity on substance use via perceived social support among female interpersonal violence survivors. In M. M. Galano (Chair), *Understanding the effects of violence against women: Trajectories and mechanisms of adjustment*. Symposium presentation proposal submitted to the 37<sup>th</sup> annual meeting of the International Society for Traumatic Stress Studies (virtual).
- 3. Danitz-Steinhardt, S. B., Shayani, D. R., **Mahoney, C. T.,** & Iverson, K. M. (under review). *How brief is too brief? A mixed method examination of outcomes in a counseling intervention for IPV*. Poster presentation submitted to the 55<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies (virtual).
- 4. Marchant, K. M., Porter, K. J., Cestodio, V., Colombani, A. M., Dell'Aera-Jachym, N., Desrochers, A., Willey, N., & **Mahoney, C. T.**, (under review). *The moderating roles of emotion regulation and coping self-efficacy on the association between PTSD symptom severity and drug use among female sexual assault survivors*. Poster presentation submitted to the 33<sup>rd</sup> annual meeting of the Association for Psychological Science (virtual).
- 5. **Mahoney, C. T.**, Shayani, D. R., & Iverson, K. M. (May, 2021). The impact of experiential avoidance and chronic pain on the association between PTSD symptoms and insomnia among women with intimate partner violence experiences. Flash talk to be presented at the 33<sup>rd</sup> annual meeting of the Association for Psychological Science (virtual).
- 6. Livingston, N.A., Lee, D. J., **Mahoney, C. T.,** Marx, B., & Keane, T. (November, 2020). Longitudinal analysis of PTSD and illicit drug use problems among male and female OEF/OIF veterans. In D. J. Lee (Chair), *Longitudinal course of trauma-related sequelae*. Symposium presentation at the 36<sup>th</sup> annual meeting of the International Society for Traumatic Stress Studies (virtual).
- 7. **Mahoney**, **C. T.**, & Iverson, K. M (2019, November). Alcohol Use Moderates the Relation between PTSD Symptoms and Intimate Partner Violence Revictimization. In **C. T. Mahoney** (Chair). *The Psychosocial and Mental Health Sequelae of Intimate Partner Violence: Implications for Clinical Care & Prevention Efforts*. Symposium conducted at the 35<sup>th</sup> annual meeting of the International Society for Traumatic Stress Studies, Boston, MA.

- 8. Brown, M. E., Bovin, M. J., **Mahoney, C. T.,** Rosen, R. C., Keane, T. M., & Marx, B. P. (2019, August). *Association between trauma-related externalizing behaviors and criminal activity in OEF/OIF/OND veterans*. Poster presented at the 11<sup>th</sup> annual meeting of the Military Health System Research Symposium, Orlando, FL.
- 9. **Mahoney, C. T.,** & Lynch, S. M. (2018, November). *Coping self-efficacy mediates the relationship between lifetime sexual trauma exposure and substance use.* Poster presented at the 34<sup>th</sup> annual meeting of the International Society for Traumatic Stress Studies, Washington, DC.
- 10. **Mahoney, C. T.,** Lynch, S. M., & Benight, C. C. (2018, May). Coping Self-Efficacy Moderates the Relationship between Sexual Trauma and PTSD symptoms. *Protective Factors Following Interpersonal Trauma*. Symposium conducted at the 30th annual convention of the Association for Psychological Science, San Francisco, CA.
- 11. **Mahoney, C. T.,** Benight C. C., & Melville, E. E. (2018, May). The Temporal Relationship between Coping Self-efficacy and Dissociation following Trauma in Undergraduate Students. *Protective Factors Following Interpersonal Trauma*. Symposium conducted at the 30th annual convention of the Association for Psychological Science, San Francisco, CA.
- 12. **Mahoney, C. T.,** Benight, C. C., & Lynch, S. M. (2017, November). *Coping self-efficacy moderates the relationship between lifetime sexual trauma exposure and PTSD symptom severity*. Poster presented at the 33<sup>rd</sup> annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
- 13. **Mahoney, C. T.,** & Lawyer, S. R. (2017, May). *Delay, but not probability, discounting is related to positive urgency and stress.* Poster presented at the 43<sup>rd</sup> annual convention of the Association for Behavior Analysis International, Denver, CO.
- 14. **Mahoney, C. T.,** Melville, E., & Benight, C. C. (2016, November). *The temporal relationships between coping self-efficacy and dissociation in undergraduate students.* Poster presented at the 32<sup>nd</sup> annual meeting of the International Society for Traumatic Stress Studies, Dallas, TX.
- 15. Craun, E., **Mahoney, C. T.,** Wegemner, S., & Wong, M. (2016, October). *Intergenerational Effects of Alcoholism on Neurocognitive Functioning of Children of Alcoholics Versus Healthy Controls*. Symposium conducted at the 36<sup>th</sup> annual convention of the National Academy of Neuropsychology, Seattle, WA.
- 16. **Mahoney, C. T.,** & Lawyer, S. R. (2016, August). *Relationships between risky sexual behavior and measures of impulsive choice*. Poster presented at the 124<sup>th</sup> annual convention of the American Psychological Association, Denver, CO.

- 17. Segal, D.L., & **Mahoney, C. T.** (2016, August). *The impact of anxiety sensitivity, experiential avoidance, and low mindfulness in the prediction of anxiety symptoms among older adults.* Poster presented at the 124<sup>th</sup> annual convention of the American Psychological Association, Denver, CO.
- 18. **Mahoney, C. T., &** Lawyer, S. R. (2016, May). *The importance of domain specificity in measures of impulsive choice*. Poster presented at the 42nd annual convention of the Association for Behavior Analysis International, Chicago, IL.
- 19. Melville, E., **Mahoney, C. T.,** & Benight, C. C. (2016, April). *Relationships between dissociation, coping self-efficacy, and trauma exposure in undergraduate students.* Poster presented at the 33rd annual convention of the International Society for the Study of Trauma and Dissociation, San Francisco, CA.
- 20. **Mahoney, C. T.,** & Lawyer, S. R. (2015, November). *Domain-specific relationships among behavioral and self-report measures of impulsive choice*. Poster presented at the 49<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- 21. **Mahoney, C. T.,** & Lawyer, S. R. (2015, September). Measurements of Impulsive Choice. Symposium conducted at the 8<sup>th</sup> annual ISU Department of Psychology Data Blitz, Pocatello, ID.
- 22. **Mahoney, C. T.**, & Lawyer, S. R. (2015, May). Delay and Probability Discounting among Payday and Title Loan Recipients. In S. M. Lemley (Chair), *First World Problems: Behavior Economic Analyses of Running, Tanning, Borrowing, and Exotic Dancing*. Symposium conducted at the 41<sup>st</sup> annual convention of the Association for Behavior Analysis International, San Antonio, TX.
- 23. **Mahoney, C. T.,** & Segal, D. L. (2015, April). *Anxiety, anxiety sensitivity, experiential avoidance, and mindfulness in younger adults.* Poster presented at the annual meeting of the Western Psychological Association, Las Vegas, NV.
- 24. **Mahoney, C. T.,** & Lawyer, S. R. (2015, February). *Delay and probability discounting among payday and title loan recipients*. Poster presented at the 19<sup>th</sup> annual ISU Department of Psychology Research Forum, Pocatello, ID.
- 25. **Mahoney, C. T.,** & Segal, D. L. (2014, November). *Relationships of anxiety with anxiety sensitivity, experiential avoidance, and mindfulness in older adults.* Poster presented at the annual meeting of the Gerontological Society of America, Washington, D.C.
- 26. **Mahoney, C. T.,** Marty, M. A., Segal, D. L. (2013, August). *Relationships between anxiety with suicidality, perceived burdensomeness, and thwarted belongingness in older adults.* Poster presented at the annual meeting of the American Psychological Association, Honolulu, HI.

#### RESEARCH WORKSHOPS ATTENDED

# **Longitudinal Structural Equation Modeling**

June 8-12, 2020

Instructor: Todd Little, Ph.D.

Stats Camp

Online due to COVID-19

# Introduction to Mediation, Moderation, and Conditional Process Analysis

May 21-22, 2020

Instructor: Andrew Hayes, Ph.D.

**Statistical Horizons** 

Online due to COVID-19

# **Qualitative Research Methods**

January 6-8, 2020

Instructor: Rosemary Frasso, Ph.D.

University of Pennsylvania's 2020 Winter Institute

Philadelphia, PA

# Multilevel and Mixed Models Using R

July 30-31, 2019

Instructor: Stephen Vaisey, Ph.D.

Statistical Horizons Philadelphia, PA

# **Survival Analysis**

June 14-15, 2019

Instructor: Paul Allison, Ph.D.

**Statistical Horizons** 

Boston, MA

# **Structural Equation Modeling: A Second Course**

May 16-17, 2019

Instructor: Gregory Hancock, Ph.D.

Statistical Horizons Philadelphia, PA

#### Statistics with R

April 25-26, 2019

Instructor: Andrew Miles, Ph.D.

**Statistical Horizons** 

Boston, MA

#### **TEACHING EXPERIENCE**

## Independent Course Instructor

Advanced Clinical Research, Western New England University

Spring 2021

 Designed course structure and course syllabus, created and conducted lectures, wrote exams and assignments, graded assignments/exams, and maintained office hours.

Research Methods (two sections), Western New England University

Spring 2021

• Designed course structure and course syllabus, created and conducted lectures, wrote exams and assignments, graded assignments/exams, and maintained office hours.

Research Methods (two sections), Western New England University

Fall 2020

 Designed course structure and course syllabus, created and conducted lectures, wrote exams and assignments, graded assignments/exams, and maintained office hours.

Sexuality/Sexual Assault in Society, Western New England University

Fall 2020

 Designed course structure and course syllabus, created and conducted lectures, wrote exams and assignments, graded assignments/exams, and maintained office hours.

Introduction to General Psychology, *Idaho State University* 

Spring 2017

 Designed course structure and course syllabus, created and conducted lectures, wrote exams, graded assignments/exams, and maintained office hours.

Introduction to General Psychology, *Idaho State University* 

Fall 2016

 Designed course structure and course syllabus, created and conducted lectures, wrote exams, graded assignments/exams, and maintained office hours.

Abnormal Psychology, *Idaho State University* 

Summer 2015

 Designed course structure and course syllabus, created and conducted lectures, wrote exams, graded assignments/exams, and maintained office hours.

Research Statistics and Methodology II-Lab (Graduate Course), *University of Colorado at Colorado Springs* 

Spring 2014

 Designed course syllabus, created and conducted lab lectures, graded assignments/exams, and maintained office hours.

Research Statistics and Methodology I-Lab (Graduate Course),

Fall 2013

University of Colorado at Colorado Springs

 Designed course syllabus, created and conducted lab lectures, graded assignments/exams, and maintained office hours.

#### Teaching Assistant

Abnormal Psychology, <i>Idaho State University</i>	Summer 2015
Social Psychology, Idaho State University	Spring 2015
Health Psychology, Idaho State University	Spring 2015
Abnormal Psychology, Idaho State University	Spring 2015
Science/Pseudoscience, Idaho State University	Fall 2014
Child Development, Idaho State University	Fall 2014

Social Psychology, *Idaho State University* Fall 2014 Health Psychology, *Idaho State University* Fall 2014

# SUPERVISED CLINICAL EXPERIENCE

# Postdoctoral Clinical Research Fellow, PTSD Clinic, VA Boston Healthcare System

Boston, MA, September 2018 – August 2020

Supervisor: Johanna Thompson-Hollands, Ph.D., Scott Litwack, Ph.D. Description:

- Provided individual and group psychotherapy with veterans presenting for services for traumatic stress disorders. Also provided assessment evaluations.
- Participated in weekly clinic meetings and bi-weekly case conference meetings.

# Clinical Psychology Behavioral Medicine Intern/Resident, Geisinger Medical Center

Danville, PA, June 2017 – June 2018

Supervisors: Julie Hergenrather, Ph.D., Laura Maphis, Ph.D.

Description:

- Provided adult individual psychotherapy, adult group psychotherapy, and intake evaluations within a primary care setting for a wide range of presenting problems (e.g., PTSD, MDD, GAD, OCD, Adjustment Disorders).
- Conducted pre-bariatric and pre-spinal surgical evaluations, breast cancer treatment evaluations, risk evaluations, and acute trauma assessments in conjunction with interdisciplinary treatment teams of physicians, physician assistants, nurse practitioners, registered nurses, clinicians, social workers, and other medical specialists.

# Psychology Trainee, Eastern Idaho Regional Medical Center

Idaho Falls, ID, August 2016 – May 2017 Supervisor: Kyla McBurney-Rebol, Ph.D.

Description:

- Provided adult individual psychotherapy, adult group psychotherapy, and intake evaluations within a primary care setting.
- Administered, scored, and interpreted psychodiagnostic and neuropsychological assessments, and wrote integrated reports.
- Conducted pre-bariatric and pre-spinal surgical evaluations, diabetic treatment evaluations, cardiac failure management, risk evaluations, and acute trauma assessments in conjunction with an interdisciplinary treatment team of physicians, nurse practitioners, registered nurses, clinicians, social workers, and other medical specialists.

#### **Practicum Trainee**, State Hospital South

Blackfoot, ID, May 2016 - August 2016 Supervisor: Richard Baker, Ph.D.

- Description:
- Provided adult and adolescent group psychotherapy (i.e., Seeking Safety, DBT, Interpersonal Process) in an inpatient psychiatric setting.
- Conducted structured and semi-structured clinical interviews with individuals diagnosed with psychotic disorders.
- Conducted, scored, and interpreted diagnostic, cognitive, and neuropsychological assessments, and wrote integrated reports.

 Engaged in grand rounds and treatment planning with a multidisciplinary treatment team of physicians, psychologists, registered nurses, and social workers on an adolescent inpatient psychiatric unit.

## Practicum Trainee, Forensic Evaluations, Idaho State University

Pocatello, ID, January 2016 – May 2016 Supervisor: Linda Hatzenbuehler, Ph.D.

## Description:

- Conducted structured and unstructured interviews and psychodiagnostic assessments for adolescent and adult sex offenders.
- Assisted in the determination of risk of recidivism for adolescent and adult sex offenders.
- Wrote integrated reports with treatment recommendations to determine competency to stand trial for lawyers and judges.

# Clinical Extern, Psychological Assessment Specialists, Idaho State University

Pocatello, ID, June 2015 – August 2016 Supervisor: John Christensen, Ph.D.

#### Description:

- Conducted ADHD/LD and neuropsychological assessments with children, adolescents, adults, and older adults in a private practice outpatient setting.
- Scored assessment batteries, interpreted results, gave weekly case presentations to licensed clinical psychologists in individual and group settings, and wrote an adolescent integrated report.

# Practicum Trainee, University Counseling & Testing Services, Idaho State University

Pocatello, ID, January 2015 – December 2015

Supervisors: Paula Seikel, Ph.D., Jennifer Miesch, Ph.D., & Richard Pongratz, Ph.D.

# Description:

- Conducted intake evaluations and provided adult individual and couples psychotherapy using integrated approaches (e.g., CBT, DBT, ACT, IPT)
- Engaged in community outreach in promoting psychological services in common student areas and assisted with open house events.
- Engaged in community outreach through co-facilitating DBT Skills group for the GENESIS project (an LGBTQ support group).
- Assisted with Biofeedback program development.

#### Practicum Trainee, ISU Psychology Clinic, Idaho State University

Pocatello, ID, August 2014 – December 2016

Supervisors: Steven R. Lawyer, Ph.D., Robert Rieske, Ph.D., Shannon M. Lynch, Ph.D.

#### Description:

- Conducted intake evaluations and provided cognitive behavioral and transdiagnostic evidence-based interventions (e.g., Barlow's Unified Protocol, CBT, DBT, ACT, PE) for individual adult, adolescent, and child clients with mood disorders, externalizing disorders, PTSD, and personality disorders.
- Conducted psychosocial evaluations, administered structured and unstructured clinical interviews and self-report questionnaires.
- Conceptualized cases and wrote integrated reports for adults presenting with mood and anxiety disorders.
- Formulated treatment plans and led case presentations of clients.

# Practicum Trainee, University Counseling Center, University of Colorado

Colorado Springs, CO, July 2013 – July 2014

Supervisors: Benek Altayli, Psy.D., Trent Claypool, Psy.D.

#### Description:

- Conducted intake evaluations and provided cognitive behavioral therapy for individual adult clients with mood and anxiety disorders, PTSD, and personality disorders.
- Created and implemented treatment plans with clients.
- Presented cases to the treatment team.
- Provided outreach presentations in the form of on-campus psychoeducational workshops.

## Psychiatric Associate, University of Minnesota Medical Center – Fairview

Minneapolis, MN, September 2009 - July 2012 (Employed Position)

Supervisors: Karen Wendt, M.A. & Pat Murphy, M.A.

## Description:

- Provided structured group psychotherapy and individual supportive counseling to behaviorally disruptive children and adolescents along with adults with serious mental illness in an inpatient psychiatric setting.
- Evaluated patients after electroconvulsive therapy (ECT) sessions.

# Mental Health Associate, Pembroke Hospital

Pembroke, Massachusetts, July 2007 - August 2009 (Employed Position)

Supervisor: Pam Kirby, R.N.

## Description:

 Provided structured group psychotherapy and individual supportive counseling of adults with substance use disorders on a dual diagnosis unit in an inpatient psychiatric setting.

# SPECIALIZED CLINICAL TRAINING

#### Intensive Workshop in Prolonged Exposure (PE) Therapy for PTSD

Philadelphia, PA, April 8-11, 2019

Instructor: Edna Foa, Ph.D.

#### Description:

 Completed a four-day intensive training in PE including didactics, practice, and observation of treatment cases.

#### VA Cognitive Processing Therapy (CPT) Implementation Provider Training

Boston, MA, September 12-13, 2018

Instructors: Ellen Healy, Ph.D., & Jennifer Wachen, Ph.D.

#### Description:

- Completed a two-day intensive training in CPT including didactics and practice.
- Completed two individual cases under the supervision of Dr. Julie Klunk-Gillis.
- Awarded Certified CPT Provider status at completion of consultation program in May 2019.

## **AWARDS & HONORS**

Invited Grantee, August 2019, American Psychological Foundation Campaign Donor Dinner Student Travel Scholarship, November 2017, ISU Graduate School

Invited Grantee, August 2017, American Psychological Foundation Campaign Donor Dinner Outstanding Graduate Clinical Researcher of the Year, May 2016, ISU Psychology Department

Student Travel Scholarship, November 2015, ISU Graduate School

Student Travel Scholarship, October 2014, ISU College of Arts & Letters

Outstanding MA Student of the Year, Clinical Track, May 2014, UCCS Psychology Department

Sabine Aging Research Award, August 2013, UCCS Psychology Department

Student Presentation Travel Award, August 2013, UCCS Psychology Department

Student Presentation Travel Award, August 2013, UCCS Graduate School

Student Presentation Travel Award, June 2013, American Psychological Association Division 20

# PROFESSIONAL SERVICE

October 2020 to Present	Clinical & Mental Health Advisor, COVID-19 Response Advisory Team, Western New England University, Springfield, MA.
September 2020 to Present	Committee Member, Alcohol & Other Drug Advisory Committee, Western New England University, Springfield, MA.
September 2020 to Present	Committee Member, Title IX Committee, Western New England University, Springfield, MA.
May 2020 to Present	Clinical Advisor, Buddio Behavioral Activation Application.
April 2020 to Present	Public Information and Education Oversight Committee (PIE-OC) Member, International Society for Traumatic Stress Studies (ISTSS).
October 2019 to Present	Guest Editor, Special Section: "Women's Health & Trauma," Psychological Trauma: Theory, Research, Practice, and Policy.
October 2019 to Present	Clinical Consultant, Backline.
March 2017 to January 2020	Co-Chair, Student Publications Subcommittee, <i>Trauma Psychology News</i> , American Psychological Association (APA), Division 56.
June 2017 to August 2017	Travel Award Reviewer, APA, Division 56.
May 2016 to August 2017	Editorial Assistant, Trauma Psychology News, APA, Division 56.
January 2016 to July 2018	APA Division 56 Campus Representative, Idaho State University, Pocatello, ID.
Sept 2008 to Dec 2008	Peer Reviewer, University of Massachusetts, Department of Psychology, Amherst, MA.

#### Ad-Hoc Reviewer

AIDS and Behavior
Archives of Sexual Behavior
Behavioural Processes
Clinical Case Studies
Depression & Anxiety
Journal of Contextual Behavioral Science
Journal of Interpersonal Violence
Journal of Traumatic Stress

Military Behavioral Health Perspectives on Behavior Science

Pharmacology, Biochemistry, and Behavior

Psychological Trauma: Theory, Research, Practice, and Policy

Review Journal of Autism and Developmental Disorders

Violence and Victims

## ASSOCIATION MEMBERSHIPS

International Society for Traumatic Stress Studies (ISTSS), September 2016-Present

Trauma and Substance Use Disorders SIG

Trauma Assessment and Diagnosis SIG

Research Methodology SIG

Gender & Trauma SIG

American Psychological Association (APA), January 2013 – Present

**APA Division 56** (Trauma Psychology)

**APA Division 50** (Society of Addiction Psychology)

**APA Division 35** (Society for the Psychology of Women)

**Association for Psychological Science (APS)**, January 2017 – Present

# **REFERENCES**

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