 **CV of Aleksandra (a.k.a. Aleks) Luszczynska**

Aleksandra Luszczynska, Ph.D.

Professor of Psychology

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&

Associate Research Professor Adjoint at National Institute for Human Resilience,

University of Colorado at Colorado Springs

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Nationality: Polish; born: 1971, Gdansk, Poland

## Professional Career

2020-2025 Honorary Professorial Fellow, the Melbourne Centre for Behavior Change, School of Psychological Sciences, University of Melbourne, Melbourne, Australia

Since Oct 2009 Professor of Psychology, University of Social Sciences and Humanities, Wroclaw, Poland

Since Jan 2009 Associate Research Professor at Trauma, Health, and Hazards Center, University of Colorado at Colorado Springs, CO, USA

Jan 2008 -Dec 2008 Visiting professor at Trauma, Health, and Hazards Center, University of Colorado at Colorado Springs, CO, USA

Since Oct 20084 Associate Research Scholar, University of Sussex, School of Psychology

Oct 2005-Sept 2009 Associate professor, University of Social Sciences and Humanities, Wroclaw, Poland

2004- 2006 Lecturer in Psychology, Department of Psychology and Brighton and Sussex Medical School,

University of Sussex, Brighton, United Kingdom

2003 - 2004 Alexander von Humboldt Fellow (Free University Berlin), Berlin, Germany

1. - 2003 Visiting professor at Free University Berlin, Germany

2000 - 2004 Assistant professor; University of Warsaw, Faculty of Psychology

**Citations Since 2004**

Sum of total times cited: approx. 5,400 (Web of Science; 5,100 without self-citations) or > 14,100 (Publish or Perish)

h- index: 37 (Web of Science); h-index in Publish or Perish: 58

**Education and Professional Titles**

2009 Titular professor, title awarded by President of Republic of Poland

2004 Habilitation (a post-doctoral degree, equivalent to DSc), University of Warsaw, Warsaw, Poland; (see <http://en.wikipedia.org/wiki/Habilitation> )

2000 **Ph.D. in psychology** University of Warsaw, Warsaw, Poland

1996 -2000: Doctoral student; University of Warsaw, Warsaw, Poland

1996 **M.A in Psychology**.; University of Warsaw, Poland

1991-1996 5-year MA in psychology studies; University of Warsaw, Warsaw, Poland

## Professional Activities - Elected Functions

2010-2014 President of Division of Health Psychology, International Association of Applied Psychology

2013-2018 the Chair of Fellowship Committee, European Health Psychology Society

2006 -2010 President Elect of Division 8 (Health Psychology), International Association of Applied Psychology

2008 – 2016 extended Board Member, Stress and Anxiety Research Society

2002-2006: secretary for the Health Psychology Division, International Association of Applied Psychology

**Membership**

European Health Psychology Society, European Society of Traumatic Stress Studies, International Association of Applied Psychology, Stress and Anxiety Research Society, Polish Psychological Association

**Funded Research Projects** **(since 2002**)

2020-2021 “Health behavior change during COVID-19 pandemic: the focus on handwashing”; funded by the National Science Centre, Poland, 65 000 EUR, <https://clinicaltrials.gov/ct2/show/NCT04367337>

2018-2024 “CO-CREATE- Confronting obesity: Co-creating policy with youth”; project number: 774210-2; total funds: 9,5 mil EUR, Horizon 2020, call H2020-SFC-2016-2017; SFS-39-2017 Sustainable Food Security; role: consortium partner – leader of Polish partner team (Polish funds = 220 000 EUR);

2018-2021 “Explaining sedentary behavior with revised reflective+impulsive HAPA model”, funded by the National Science Centre, Poland, 350 000 EUR

2019-2021 The Joint Programming Initiative A Healthy Diet for a Healthy Life” Policy Evaluation Network (JPI HDHL PEN)”, 3,5 mil EUR a project of European Commission’s Joint Programming Initiative<http://ec.europa.eu/research/era/joint->programming\_en.html); consortium member and; Leader of the team and co-leader of Workpackage 4, funds = 150 000 EUR

2015-2020 “Physical activity and health-related quality of life: dyadic research in the context of forming individual, dyadic, and collaborative plans”; funded by the National Science Centre, Poland, 300 000 EUR

2013-2016 “The Joint Programming Initiative “A Healthy Diet for a Healthy Life” Knowledge Hub on “DEterminants of DIet and Physical Activity” (JPI HDHL DEDIPAC Knowledge Hub)”, a project of European Commission’s Joint Programming Initiative [http://ec.europa.eu/research/era/ joint-](http://ec.europa.eu/research/era/%20joint-)programming\_en.html); Total funds: 3 mil EUR consortium member and; Leader of the Polish team (funding obtained for the member’s contribution: 71 000 EUR)

2012-2014 “Health behavior in the context of life cycle changes”; Foundation for Polish Science - Master Subsidies; (approx. 90 000 EUR)

2011-2015 “Self-regulation, macro-, and micro-environmental predictors of obesity among children:

Testing ANGELO framework in child-parent dyad” (approx. 100 000 EUR) Polish Ministry of Science and Education

2011 “Why Polish women do not attend cervical cancer screening?” (4000 EUR), project funded by

Siemens Healthcare Sector

2009-2013 European Union 7th Framework Collaborative Project, call identifier FP7-HEALTH-2007-3.3 – 1. Project number 223488; TEMPEST- Temptations to Eat Moderated by Personal and Environmental Self-Regulatory Tools. Total Funds: 2,404 mil EURA. Luszczynska- leader of Work Package 4 (approx.. 2 400 000 EUR).

2007-2010 “The role of conscious self-regulatory processes in behavior change: effects of self-efficacy and implementation intentions” (approx 40 000 EUR); Polish Ministry of Science and Higher Education

2006/2007 Alexander von Humboldt Foundation grant for research collaboration with FU Berlin (4000 EUR)

2005/2006 Alexander von Humboldt grant (post-doc researcher, Dr Sonja Boehmer; “Effects of social-cognitive interventions on obesity-related behaviors among aging employees; 30 000 EUR)

2005 – Alexander von Humboldt Foundation grant for research collaboration with FU Berlin (2200 EUR)

2003 “Maintenance of Health Behavior Change and Recovery after Lapses: the Role of Social Cognitive Variables”; funded by Alexander von Humboldt Foundation; Amount 22 800 EUR

2002 “Planning and Phase-Specific Self-Efficacy on Maintenance of Health Behaviors. Measures” funded by Deutscher Akademischer Austausch Dienst; amount 3500 EUR

## Awards and Distinctions

2019 Best Poster Award, *European Health Psychology Society*

2018 Distinguished Scientific Contributions Award by *International Association of Applied Psychology*

2015 Award (1st place) for research presented at 6th European Judo Union – Exhibition of Judo Research (together with Sterkowicz-Przybycien, Blecharz and Sterkowicz)

2014 Fellow of *International Association of Applied Psychology*

2010 Fellow of the *European Health Psychology Society*

2006 Citation Award, awarded by the *International Society of Behavioral Medicine*

2005 Award of Polish Academy of Science for Outstanding Young Psychologist (A. Malewski Award)

2004 - Early Career Award, *International Society of Behavioral Medicine*

2004- Early Career Award, *Stress and Anxiety Research Society*

2000 – Award of the Foundation for Polish Science for young scientists

2000 – Award of the Chancellor of Warsaw University for doctoral dissertation

1999 – Award of George Soros “Open Society” Foundation

2002, 2004 - Award of Warsaw Scientific Society & Foundation for Polish Science

1994, 1995 - Awards of A. & T. Ginsberg Foundation

#### Editorial Activities

**Current activities in journal from JCR**

Editor in Chief *Applied Psychology: Health and Well-Being* (2016-2020),

Consulting Editor *Health Psychology* *Review* (2005 - date)

Review Editor *Frontiers in Psychology: Personality and Social Psychology* (2016 – date)

Editorial Consultant *Applied Psychology. An International Review* (2006- date)

International Advisory Board Member *British Journal of Health Psychology* (2006 - date)

Editorial Board Member *Psychology and Health* (2006- date)

Editorial Board Member *Behavioral Medicine* (2012)

Editorial Board Member *Journal of Health Psychology* (2012 – date)

Editorial Board Member *European Journal of Psychotraumatology* (2010- date)

Editorial Board Member *Social Science and Medicine* (2019 – date)

Editorial board Member *Annals of Behavioral Medicine* (2020 – date)

**Current activities in other peer-reviewed journals**

Editorial Board Member *Polish Psychological Bulletin* (2006 - date)

**Past activities:**

Editor in Chief *Anxiety, Stress, &Coping* (2008-2015*)*

Associate Editor *Applied Psychology: Health and Well-Being* (2008-2015),

**ad hoc reviewer in JCR journals and international publishers:**

*American Journal of Preventive Medicine*

*American Journal of Public Health*

*Annals of Behavioral Medicine*

*Appetite*

*Applied Psychology*

*Applied Psychology: Health and Well-Being*

*Behavior Research Methods*

*Behavioral Medicine*

*BMC Public Health*

*BMC Urology*

*British Journal of Health Psychology*

*British Journal of Nutrition*

*British Journal of Social Psychology*

*Canadian Journal of Behavioral Sciences*

*Cognition and Emotion*

*Depression Research and Treatment*

*European Journal of Cancer Care*

*European Journal of Personality*

*European Journal of Preventive Cardiology*

*European Journal of Public Health*

*European Journal of Social Psychology*

*European Journal of Sport Science*

*Health education and Behavior*

*Health Education Research*

*Health Psychology*

*Health Psychology Review*

*International Journal of Behavioral Medicine*

*International Journal of Environmental Research and Public Health*

*International Journal of Occupational Medicine and Environmental Health*

*International Journal of Psychology*

*International Review of Sport and Exercise Psychology*

*Journal of Adolescent Health*

*Journal of Aging and Physical Activity*

*Journal of American Pharmacists Association*

*Journal of Anxiety Disorders*

*Journal of Applied Social Psychology*

*Journal of Behavioral Medicine*

*Journal of Early Adolescence*

*Journal of Health Psychology*

*Journal of Nervous and Mental Disease*

*Journal of Physical Activity & Health*

*Journal of Psychosomatic Research*

*Nicotine & Tobacco Research*

*Journal of Traumatic Stress*

*Obesity Reviews*

*Personality and Individual Differences*

*PLOS One*

*Preventive Medicine*

*Psychology and Aging*

*Psychological Bulletin*

*Psychology of Sport and Exercise*

*Psycho-Oncology*

*Psychotherapy and Psychosomatics*

*Rehabilitation Psychology*

*Review of General Psychology*

*Scandinavian Journal of Public Health*

*Social Behavior and Personality*

*Social Science and Medicine*

*Western Journal of Nursing Research*

*Women and Health*

*Women’s Health Issues*

*World Development*

Book reviewer for*: Elsevier, Palgrave-Macmillan*

**Other Professional Services**

**Scientific Committee Membership:**

European Health Psychology Society Conference (2010, Cluj-Napoca, Romania); Stress and Anxiety Research Society Conference (2012 Galway, Ireland; 2010, Palma de Mallorca, Spain; 2016, Zagreb, Croatia), International Congress of Applied Psychology (2006; Athens, Greece; 2010 Melbourne, Australia);

EHPS Fellowship Committee Chair of the Committee (2012-2017)

Scientific Committee Chair 26th Conference of the European Health Psychology Society, Prague, Czech Republic, 2012

Conference Track Chair: European Health Psychology Society Conferences (2007, Maastricht, Holland; 2009 Pisa, Italy; 2010, Cluj-Napoca, Romania; 2014, Innsbruck, Austria; 2019, Dubrownik, Croatia)

Scientific Council Membership – Council of Foundation for Polish Science, Warsaw, Poland (2016-2020)

Scientific Advisory Board, Leibniz Institute for Prevention Research and

Epidemiology – BIPS, Bremen, Germany (2020-date);

<https://www.bips-institut.de/en/the-institute/advisory-board.html>

Scientific Council of Exercise is Medicine Poland, Warsaw, Poland

(2018 - date)

**Facilitating International Workshops**

Synergy Expert Meeting facilitating a 2-day international expert meetings: 2014, Innsbruck, Austria

(with Martin S. Hagger); 2018, Galway, Ireland (with Gerjo Kok and Gjalt-

Jorn Peeters); (<https://ehps.net/synergy/expert-meetings/>)

**Expert Services**

European Commission Expert since 2017 – European Research Council, Starting Grant Panel Member (HS4)

since 2012- Directoriate General for Research and Innovation, Directoriate F-Health, evaluator of 7th European Framework Projects, evaluator of HORIZON 2020 research projects (e.g., PHC 5 – 2014: Health promotion and disease prevention: translating ‘omics’ into stratified approaches; PHC-04-2015: Health promotion and disease prevention: improved inter-sector co-operation for environment and health based interventions; SC1-2019: Mental health in the workplace)

Expert/Referee for Research Councils Medical Research Council, United Kingdom

Science Foundation Ireland

French National Research Agency

National Science Foundation, USA

National Children’s Research Centre, Ireland

Hong Kong Research Council

Estonian Research Council

National Science Center (NCN), Poland, Programs: Harmonia and Opus

(since 2013)

**PhD supervision and promotion committees**

Supervisor in awarded PhD titles

Izabela Tabak (Warsaw University), Izabela Pawlowska, Anna Januszewicz, Alicja Bukowska-Durawa, Natalia Liszewska, Karolina Zarychta, Anna Banik, Karolina Horodyska, Katarzyna Czekierda, Monika Boberska, Magdalena Kruk (SWPS University of Social Sciences and Humanities)

Reviewer of PhD thesis University of Sussex, United Kingdom (2006), Deakin University, Melbourne Australia (2016); SWPS University, Warsaw, Poland Australian National University, Canberra, Australia, Queensland University of Technology, Kevin Grove, Australia (2017), La Trobe University, Melbourne, Australia (2020)

Promotion Committees Reviewer (Associate or Full Professor)

Tel Aviv University, Tel Aviv, Israel; Ruppin Academic Center, Haifa, Israel; Ariel University, Israel, Vienna University, Vienna, Austria, Warsaw University, Warsaw, Poland, SWPS University of Social Sciences and Humanities, Warsaw, Poland; Department of Psychology, Warsaw University, Warsaw, Poland, Jagiellonian University, Cracow, Poland, Gdańsk University, Poland

Invited/Keynote Lectures

1. Luszczynska, A. (2020, June). Dyadic health behavior change: beyond the within-individual processes. Invited lecture at the Annual Meeting of Behavior and Health Branch of Chinese Psychological Society. Beijing, China.
2. Luszczynska, A. (2019, November). *Mechanisms, effects and implementation of health behavior change interventions*. Invited lecture at Department of Psychology and Cognitive Sciences, Peking University, Beijing, China
3. Luszczynska, A. (2018, July). *Good practices in development, implementation, and evaluation of health behavior change programs*. The 29th International Congress f Applied Psychology, Montreal, Canada.
4. Luszczynska, A. (2017, November). *Ways to increase the impact of psychosocial interventions in the rehabilitation context*. Annual Israel Rehabilitation Psychology Congress, Ashkelon, Israel.
5. Luszczynska, A. (2017, May). *Challenges for health psychology: research closer to practice*. Keynote at the 11th Biannual Polish Health Psychology Conference, Poznan, Poland.
6. Luszczynska, A. (2016, August*). Ways to increase the impact of behavior change interventions in real life settings.* Keynote at 30th European Health Psychology Conference, Aberdeen, United Kingdom.
7. Luszczynska, A. (2016, June). *Brief psychosocial interventions promoting adherence to physical activity and nutrition guidelines among women at risk for or with cardiovascular diseases.* Keynote at 3rd Cardiofemme Conference, Haifa, Israel.
8. Luszczynska, A. (2016, June). *Meet the editor*. Invited lecture at Department of Psychology, Bar Ilan University, Ramat Gan, Israel.
9. Luszczynska, A. (2015, May). *Good practices in developing health behavior change interventions*. Keynote at the 10th Biannual Polish Health Psychology Conference, Gdansk, Poland.
10. Luszczynska A., (2014, July). *Cognitions, environment, and obesity-related behaviors.* The keynote at the 28th International Congress of Applied Psychology, Paris, France.
11. Luszczynska, A., (2014, May). *Self-efficacy and its role in the sport context*. The keynote on the 1st Conference on Psychological Determinants in Sports Career Developments. University School of Sport and Physical Education in Cracow and Polish University Sports Association, Cracow, Poland.
12. Luszczynska, A. (2014, February). *Health behavior change interventions lost in translations: burning issues and the way forward*. The keynote at the11th Conference of Australasian Society of Behavioral Health and Medicine, Auckland, New Zealand.
13. Luszczynska, A. (2012, March). *The role of self-efficacy in explaining health and health-related behaviors: Contexts of chronic illness, age, and social environment*. A THHC brown bag lecture, University of Colorado at Colorado Springs, CO, USA
14. Luszczynska, A. (2011, May). *Health behaviors change in life cycle*. Keynote Address at the7th Polish Health Psychology Conference, Lodz, Poland.
15. Luszczynska, A. (2011, October). *The role of social-cognitive variables in explaining health and health behaviors.* Department of Psychology, University of Zurich, Switzerland.
16. Luszczynska, A. (2010, July). *Explaining health and health behaviors: Self-efficacy combined with social and cognitive predictors*. Divisional Keynote Address. The International Congress of Applied Psychology, Melbourne, Australia.
17. Luszczynska, A. (2007, November). *Automaticity and self-regulation in adolescents’ exercise*. Invited lecture. Freie Universitaet Berlin, Germany.
18. Luszczynska, A. (2006, February). *Social-cognitive predictors of health behavior maintenance and recovery after lapses.* Invited Lecture. Social and Health Psychology Unit, the University of Southampton, United Kingdom.
19. Luszczynska, A. (2006, April). *Breaking bad news: effects on patients, their families and medical doctors.* Postgraduate Education Centre of the Eastbourne District of National Health Service, The District General Hospital, Eastbourne, United Kingdom.
20. Luszczynska, A. (2005, June). *Social-cognitive predictors of health behavior maintenance and recovery after lapses.* Invited Lecture. The Institute of Public Health, the University of Cambridge, United Kingdom.
21. Luszczynska, A. (2002, June). *Self-regulatory cognitions in the change of health behavior: the role of phase self-efficacy*. Invited lecture. The First European Conference on Social Roles, Stress and Health. Las Palmas, Spain.

# Publications

Papers since 2002, published in Journals included in the Web of Science, Journal Citations Reports; supervised and co-supervised students underlined

1. Luszczynska, A. (2002). Sense of coherence and smoking in a sample of abused women*. Psychological Reports, 90*, 1123-1128*.*
2. Luszczynska, A. & Schwarzer, R. (2003). Planning and self-efficacy in the adoption and maintenance of breast self-examination: A longitudinal study on self-regulatory cognitions. *Psychology & Health, 18*, 93-108.
3. Luszczynska, A., Gibbons, F. X., Piko, B. F., & Tekozel, M. (2004). Self-Regulatory Cognitons, Social Comparison, Perceived Peers’ Behaviors as Predictors of Nutrition and Physical Activity? *Psychology and Health, 19, 577-593.*
4. Luszczynska, A., Gutiérrez-Doña, B., Diehl, M., Kuusinen, P., & Schwarzer, R. (2004). Measuring one component of dispositional self-regulation: Attention control in goal pursuit. *Personality and Individual Differences, 37, 555-566.*
5. Luszczynska, A. (2004). Change of breast self-examination: The effects of intervention on enhancing self-efficacy. *International Journal of Behavioural Medicine, 11, 95-103.*
6. Lippke, S., Sniehotta, F. F., & Luszczynska, A. (2005). Social cognitions across the stages of behavior change. A comparison of two stage models. *Polish Psychological Bulletin,* *36*, 43-50.
7. Luszczynska, A., Gutiérrez-Doña, B., & Schwarzer, R. (2005). General self-efficacy in various domains of human functioning: evidence from five countries. *International Journal of Psychology, 40, 80-89.*
8. Piko, B. F., Luszczynska, A., Gibbons, F. X., & Tekozel, M. (2005). A culture-based study of personal and social influences of adolescent smoking. *The European Journal of Public Health,* 15, 393-398.
9. Sniehotta, F. F., Luszczynska, A., Scholz, U., & Lippke, S. (2005). Discontinuity Patterns in the Precaution Adoption Process Model: Meat Consumption during a Livestock Epidemic. *British Journal of Health Psychology, 10*, 221-235.
10. Luszczynska, A., & Schwarzer, R. (2005). The Multidimensional Health Locus of Control: Critical comments on construct and its measure*. Journal of Health Psychology, 10, 633-642.*
11. Schwarzer, R., Boehmer, S., Luszczynska, A., Mohamed, N. E., & Knoll, N. (2005). Dispositional Self-Efficacy as a Personal Resource Factor in Coping after Surgery. *Personality and Individual Differences, 39, 807-818*.
12. Luszczynska, A., Mohamed, N. E., & Schwarzer, R. (2005). Self-efficacy and social support predict benefit finding 12 months after cancer surgery: The mediating role of coping. *Psychology, Health and Medicine, 10, 365-375.*
13. Luszczynska, A. & Cieslak, R. (2005). The role of perceived social support, hardiness and emotional reactivity in managerial stress. *Anxiety, Stress and Coping, 18*, 227-244.
14. Luszczynska, A., Scholz, U., Schwarzer, R. (2005). The general self-efficacy scale: Multicultural validation studies. *Journal of Psychology, 139, 439-457.*
15. Luszczynska, A. (2006). An implementation intentions intervention, the use of planning strategy, and physical activity after myocardial infarction. *Social Science and Medicine, 62,* 900-908.
16. Boehmer, S., & Luszczynska, A. (2006). Two kinds of items in quality of life instruments: "indicator” and “causal” variables. *Quality of Life Research, 15,* 131-141
17. Schwarzer, R., Luszczynska, A., Boehmer, S., Taubert, S., & Knoll, N. (2006). Characteristics and consequences of benefit finding after cancer surgery. *Social Science and Medicine, 63*, 1614-1624.
18. Luszczynska, A., & Sutton, S. (2006). Physical activity after cardiac rehabilitation: Evidence that different types of self-efficacy are important in maintainers and relapsers. *Rehabilitation Psychology,* *51*, 314-321.
19. Luszczynska, A., Gregajtys, A., & Abraham, C. (2007). Effects of a Self-Efficacy Intervention on Initiation of Recommended Exercises in Patients With Spondylosis *. Journal of Aging and Physical Activity*, *15*, 26-40
20. Luszczynska, A., Mazurkiewicz, M., Ziegelman J. P., & Schwarzer, R. (2007). Recovery self-efficacy and intention as predictors of running: A cross-lagged panel analysis over a two-year period. *Psychology of Sport and Exercise*, *8*, 247-260.
21. Ziegelmann, J., Luszczynska, A., Lippke, S., & Schwarzer, R. (2007). Are goal intentions or implementation intentions better predictors of behavior? *Rehabilitation Psychology*, *52*, 97-102.
22. Luszczynska, A., Sarkar, Y., & Knoll, N. (2007). Received social support, self-efficacy, and finding benefits in disease as predictors of physical functioning and adherence to antiretroviral therapy. *Patient Education and Counseling*, *66*, 37-42
23. Boehmer, S., Luszczynska, A., & Schwarzer, R. (2007). Coping and quality of life after tumor surgery: Personal and social resources promote different domains of quality of life *Anxiety, Stress, and Coping*, *20*, 61-75.
24. Knoll, N., Kleinle, R., Bauer, K., Pfüller, B., & Luszczynska, A. (2007). Affect and enacted support in couples undergoing in-vitro fertilization: When providing is better than receiving. *Social Science and Medicine*, *64*, 1789-1801.
25. Schwarzer, R., Shuez, B., Ziegelmann, J. P., Lippke, S., Luszczynska, A., & Scholz, U., (2007). Adoption and maintenance of four health behaviors: Theory-guided longitudinal studies on dental flossing, seat belt use, dietary behavior, and physical activity. *Annals of Behavioral Medicine*, *33*, 156-166.
26. Luszczynska, A., Sobczyk, A., & Abraham, C. (2007). Planning to lose weight: Randomized controlled trial of an implementation intention prompt to enhance weight reduction among overweight and obese women. *Health Psychology*, *26*, 507-512
27. Cieslak, R., Knoll, N., & Luszczynska, A. (2007). Reciprocal Relations among Job Demands, Job Control and Social Support Moderated by Neuroticism: A Crossed-Lagged Analysis. *Journal of Vocational Behavior*, *71*, 84-96.
28. Luszczynska, A., Gerstorf, D., Knoll, N., Boehmer, S., & Schwarzer, R. (2007). Patients’ coping profiles and partners’ support provision. *Psychology and Health*, *22*, 749-764.
29. Luszczynska, A., & Gunson, K. S. E. (2007). Predictors of asking medical personnel about handwashing: The moderating role of patients’ age and MRSA infection status. *Patient Education and Counseling*, *68*, 79-85.
30. Luszczynska, A., Boehmer, S., Knoll, N., Schulz, U., & Schwarzer, R. (2007). Emotional Support for Men and Women with Cancer: Do Patients Receive What Their Partners Provide? *International Journal of Behavioral Medicine*, *14*, 156-163.
31. Luszczynska, A., Tryburcy, M., & Schwarzer, R. (2007). Improving Fruit and Vegetable Consumption: A Self-Efficacy Intervention Compared to a Combined Self-Efficacy and Planning Intervention. *Health Education Research*, *22*, 630-638.
32. Luszczynska, A., Scholz, U., & Sutton, S. (2007). Planning to change diet: A controlled trial of an implementation intentions training intervention to reduce saturated fat intake among patients after myocardial infarction. *Journal of Psychosomatic Research*, *63*, 491-497.
33. Schwarzer, R., Luszczynska, A., Ziegelmann, J. P., Scholz, U., & Lippke, S. (2008). Social cognitive predictors of physical adherence: Three longitudinal studies in rehabilitation. *Health Psychology*, *27* (1, Suppl), S54-S63.
34. Schwarzer, R., & Luszczynska, A. (2008). How to overcome health-compromising behaviors: The Health Action Process Approach. *European Psychologist*, 13, 141-151.
35. Luszczynska, A., & Tryburcy, M. (2008). Effects of a self-efficacy intervention on exercise: The moderating role of diabetes and cardiovascular diseases. *Applied Psychology*, *57*, 644-659.
36. Lis-Turlejska, M., Luszczynska, A., Plichta, A., & Benight, C.C. (2008). Jewish and non-Jewish World War II Child and Adolescent Survivors at 60 Years After War: Effects of Parental Loss and Age at Exposure on Well-being. *American Journal of Orthopsychiatr*y*, 78,* 369-377.
37. Luszczynska, A., Benight, C. C., & Cieslak, R. (2009). Self-efficacy and health-related outcomes of collective trauma: A systematic review. *European Psychologist*, *14*, 49-60.
38. Luszczynska, A., Benight, C., Cieslak, R., Kissinger, P., Reilly, K.H., Clark, R.A. (2009). Self-efficacy mediates effects of exposure, loss of resources, and life stress on posttraumatic distress among trauma survivors. *Applied Psychology: Health and Well-Being, 1*,73-90.
39. Luszczynska, A., Cieslak, R. (2009). Mediated Effects of Social Support for Healthy Nutrition: Fruit and Vegetable Intake Across 8 Months After Myocardial Infarction. *Behavioral Medicine*, 35, 30-38.
40. Dombrowski, S., & Luszczynska, A. (2009). The interplay between conscious and automatic self-regulation and adolescents’ physical activity: the role of planning, intentions, and lack of awareness. *Applied Psychology*. 59, 257-273.
41. Cieslak, R., Benight, C.C., Schmidt, N., Luszczynska, A., Reilly, K. H, Clark, R. A., & Kissinger, P. (2009). Predicting Posttraumatic Growth among Hurricane Katrina Survivors Living With HIV: The Role of Self-Efficacy, Social Support, and PTSD Symptoms. *Anxiety, Stress, and Coping*, *22*, 449-462.
42. Scholz, U., Nagy, G., Goehner, W., Luszczynska, A., & Kliegel, M. (2009). Changes in self-regulatory cognitions as predictors of changes in smoking and low-fat diet. *Psychology and Health*, *24*,545-561.
43. Kline, R., Luszczynska, A., Pfüller, B., Knoll, N. (2009). Appraisal Detection Bias and Well-being in Close Relationships: Couples experiencing assisted reproduction treatment. *Applied Psychology: Health and Well-Being,* *1*, 165-187.
44. Webb, T. L., Sheeran, P., & Luszczynska, A. (2009). Planning to Break Unwanted Habits: Habit Strength Moderates Implementation Intention Effects on Behaviour Change. *British Journal of Social Psychology, 48*, 507-523.
45. Luszczynska, A. Haynes, C., (2009). Changing Nutrition, Physical Activity, and Body Weight Among Student Nurses and Midwifes: Effects of a Planning Intervention and Self-Efficacy Beliefs. *Journal of Health Psychology*, *14*, 1075-1084.
46. Piko, B. F., Skultéti, D., Luszczynska, A., & Gibbons, F. X. (2010). Social Orientations and Adolescent Health Behaviors in Hungary. *International Journal of Psychology, 45*, 12-20. doi: 10.1080/00207590903030279
47. Turner, S. A., Luszczynska, A., Warner, L. M., & Schwarzer, R. (2010). Emotional and uncontrolled eating styles and chocolate chip cookie consumption: A controlled trial of the effects of positive mood enhancement. *Appetite, 54,* 143-149.
48. Luszczynska, A., Cao, D. S., Mallach, N., Pietron, K., Mazurkiewicz, M., & Schwarzer, R. (2010). Intentions, Planning, and Self-Efficacy Predict Physical Activity in Chinese and Polish Adolescents: Two Moderated Mediation Analyses. *International Journal of Clinical and Health Psychology*, *10*, 265-278.
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